



# ***NEW ENGLAND HEALTH SERVICE DIRECTORY***

July 2011  
11<sup>th</sup> Edition

New England Division of General Practice

213- 215 Rusden Street

P.O. Box 1321

Armidale NSW 2350

Telephone: 02 6771 1146

Fax: 02 6771 1170

Website: [www.nedgp.org.au](http://www.nedgp.org.au)

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# 1. PRACTICE/GENERAL PRACTITIONERS

## Armidale

### Armidale Aboriginal Health Services Inc

**Address:** 100 Taylor Street, Armidale NSW 2350

**Phone No:** 02 6770 1400/ 02 6774 9450    **Fax:** 02 6770 1477

Dr Abdur Alamgir

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### Barney Street Medical Practice

**Address:** 78 Barney Street, Armidale NSW 2350

**Phone No:** 02 6772 2233    **Fax:** 02 6772 8855

Dr Brian Glover

Dr Mahbub Talukder

Dr Andreas Tillman

Dr Robyn Whitmore

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### Faulkner Street Medical Practice

**Address:** 145 Faulkner Street, Armidale NSW 2350

**Phone No:** 02 6772 2355    **Fax:** 02 6772 3925

Dr Martin Danke

Dr Robert French

Dr Ron Grant

Dr Bruce Menzies

Dr Padma Nanayakkara

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### Integral Health

**Address:** 126 Barney Street, Armidale NSW 2350

**Phone No:** 02 6772 5877    **Fax:** 02 6771 5616

Dr Julia Fomiatti

Dr Vicki Howell

Dr Russell King

Dr Jenny Hebblewhite

Dr Vanessa Lloyd

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### Jessie Street Medical Practice

**Address:** 149 Jessie Street, Armidale NSW 2350

**Phone No:** 02 6772 5999    **Fax:** 02 6771 4140

Dr Jeanette Meredith

Dr Elizabeth Niven

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### **Marsh Street Medical Practice**

**Address:** 140 Marsh Street, Armidale NSW 2350 – P.O. Box 435

**Phone No:** 02 6772 5022      **Fax:** 02 6772 9187

Dr Jacqueline Epps

Dr Philippa Knox

Dr Tracy Maxwell

Dr Heather Williams

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### **Pat Dixon Medical Centre**

**Address:** 100 Taylor Street, Armidale NSW 2350

**Phone No:** 02 6774 9450      **Fax:** 02 6770 1477

Dr Abdur Alamgir

---

### **Rusden Street Medical Practice**

**Address:** 211 Rusden Street, Armidale NSW 2350

**Phone No:** 02 6772 2291      **Fax:** 02 6771 2212

Dr Eric Baker

Dr Luke Bookallil

Dr Phillip Bookallil

Dr Astrid Knirsch

Dr Nigel Pain

Dr Rod Martin

Dr John Waters

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### **UNE Medical Centre**

**Address:** Claude Street, UNE Armidale NSW 2351

**Phone No:** 02 6773 2916      **Fax:** 02 6773 3686

Dr Paul Kennedy

Dr Suzanne Robertson

Dr Jane Watt

---

### **West Armidale Medical Centre**

**Address:** 298 Beardy Street, UNE Armidale NSW 2350

**Phone No:** 02 6772 2933      **Fax:** 02 6771 5220

Dr Terry Bohlsen

Dr Barbara Moritz

Dr Susan Paul

Dr Maree Puxty

Dr David Young

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# Emmaville

## Emmaville Surgery

**Address:** 13-33 Glen Innes Road, Emmaville NSW 2371

**Phone No:** 02 6734 7975      **Fax:** 02 6734 7371

Dr John Liu

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# Glen Innes

## Annetts, Mackay and Haron

**Address:** 29 East Avenue, Glen Innes NSW 2370

**Phone No:** 02 6732 2588      **Fax:** 02 6732 5625

Dr Peter Annetts

Dr Ross Haron

Dr Patricia Mackay

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## East Avenue Medical Centre

**Address:** 39 East Avenue, Glen Innes NSW 2370

**Phone No:** 02 6732 2511      **Fax:** 02 6732 1388

Dr Phillip Brownlie

Dr Phillip Correy

Dr Donna Quinn

Dr EK Wong

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## T R Bennett Medical Service

**Address:** 142 Meade Street, Glen Innes NSW 2370

**Phone No:** 02 6732 3300      **Fax:** 02 6732 3737

Dr Thomas Bennett

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# Guyra

## Guyra Medical Centre

**Address:** 160 Bradley Street, Guyra NSW 2365

**Phone No:** 02 6779 2903      **Fax:** 02 6779 2907

Dr Thampapillai Jeyakumar

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# Inverell

## Armajun - Aboriginal Health Service

**Address:** 1 River Street, Inverell NSW 2360 P.O. Box 27

**Phone No:** 02 6721 9777      **Fax:** 02 6721 2297

Dr Galia Millington

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### **Danthonian Medical Practice**

**Address:** Danthonia, Glen Innes Road, Inverell NSW 2360

**Phone No:** 02 6708 4348      **Fax:** 02 6708 4335

Dr Christopher Maendel

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### **Evans Street Surgery**

**Address:** 46 Evans Street, Inverell NSW 2360

**Phone No:** 02 6722 2855      **Fax:** 02 6722 2876

Dr Amanda Bentel

Dr Marthinus Botes

Dr Mark Harding

Dr Cheryl McIntyre

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### **Dr Kenneth Lim's Surgery**

**Address:** Old Bundarra Road, Inverell NSW 2360

**Phone No:** 02 6722 2468      **Fax:** 02 6722 3234

Dr Kenneth Lim

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### **Macintyre Medical Centre**

**Address:** 75 Otho Street, Inverell NSW 2360

**Phone No:** 02 6722 3377      **Fax:** 02 6722 5649

Dr Joseph Hall

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### **Ross Street Surgery**

**Address:** 4 Ross Street, Inverell NSW 2360

**Phone No:** 02 6721 2763      **Fax:** 02 6721 2765

Dr Anthony Gillman

Dr Thanh Huynh

Dr Lewis Thatcher

Dr Brenda Thatcher

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### **St Elmo Medical Practice**

**Address:** 69 Otho Street, Inverell NSW 2360

**Phone No:** 02 6722 1999      **Fax:** 02 6721 0502

Dr Una Denham

Dr Robert Palmer

Dr Soroush Ziezaiee

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# Tenterfield

## Dr Brian Pilgrim's Surgery

**Address:** 196 Rouse Street, Tenterfield NSW 2372

**Phone No:** 02 6736 2155      **Fax:** 02 6736 1703

Dr Brian Pilgrim

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## Rouse Street Medical Practice

**Address:** 357 Rouse Street, Tenterfield NSW 2372

**Phone No:** 02 6736 1522      **Fax:** 02 6736 1622

Dr Amitosh Mondal

---

## Tenterfield Medical Centre

**Address:** 123 Rouse Street, Tenterfield NSW 2372

**Phone No:** 02 6736 0919      **Fax:** 02 6736 0929

Dr Terence Baldwin

Dr Frank Brennan

Dr Julia Fomiatti - Tuesday

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# Uralla

## The Uralla Clinic

**Address:** 32 Bridge Street, Uralla NSW 2358

**Phone No:** 02 6778 4644      **Fax:** 02 6778 3900

Dr Nasirul Chowdhury

Dr Elizabeth Niven

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## Uralla Medical Centre

**Address:** 22 Hill Street, Uralla NSW 2358

**Phone No:** 02 6778 4500      **Fax:** 02 6778 3547

Dr Robert Hughes

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## 2. GENERAL PRACTITIONERS

### Armidale

**Baker** Eric **Surgery Name:** Rusden Street Medical Practice

**Address:** 211 Rusden Street, Armidale NSW 2350

**Phone No:** 02 6772 2291 **Fax No:** 02 6771 2212

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**Bohlson** Terry **Surgery Name:** West Armidale Medical Centre

**Address:** 298 Beardy Street, Armidale NSW 2350

**Phone No:** 02 6772 2933 **Fax No:** 02 6771 5220

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**Bookallil** Phillip **Surgery Name:** Rusden Street Medical Practice

**Address:** 211 Rusden Street, Armidale NSW 2350

**Phone No** 02 6772 2291 **Fax No:** 02 6771 2212

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**Bookallil** Luke **Surgery Name:** Rusden Street Medical Practice

**Address:** 211 Rusden Street, Armidale NSW 2350

**Phone No:** 02 6772 2291 **Fax No:** 02 6771 2212

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**Danke** Martin **Surgery Name:** Faulkner Street Medical Practice

**Address:** 145 Faulkner Street, Armidale NSW 2350

**Phone No:** 02 6772 2355 **Fax No:** 02 6772 3925

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**Epps** Jacqueline **Surgery Name:** The Marsh Street Medical Practice

**Address:** 140 Marsh Street, Armidale NSW 2350

**Phone No:** 02 6772 5022 **Fax No:** 02 6772 9187

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**Fomiatti** Julia **Surgery Name:** Integral Health

**Address:** 126 Barney Street, Armidale NSW 2350

**Phone No:** 02 6772 5877 **Fax No:** 02 6771 5616

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**Freer** Genevieve **Surgery Name:** Genevieve Freer

**Address:** 150 Dangar Street, Armidale NSW 2350

**Phone No:** **02 6772 5980** **Fax No:** 02 6772 2058

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**French** Robert **Surgery Name:** Faulkner Street Medical Practice

**Address:** 145 Faulkner Street, Armidale NSW 2350

**Phone No:** 02 6772 2355 **Fax No:** 02 6772 3925

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**Glover** Brian **Surgery Name:** Barney Street Medical Practice

**Address:** 78 Barney Street, Armidale NSW 2350

**Phone No:** 02 6772 2233 **Fax No:** 02 6772 8855

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**Grant** Ron **Surgery Name:** Faulkner Street Medical Practice

**Address:** 145 Faulkner Street, Armidale NSW 2350

**Phone No:** 02 6772 2355 **Fax No:** 02 6772 3925

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**Hebblewhite** Jennifer **Surgery Name:** Integral Health- Monday/Wednesday/Friday – 9am-2pm

**Address:** 126 Barney Street , Armidale NSW 2350

**Phone No:** 02 6772 5877 **Fax No:** 02 6771 5616

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<b>Howell</b>	Vicki	<b>Surgery Name:</b> Integral Health – Tuesday/Thursday
<b>Address:</b>	126 Barney Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 5877	<b>Fax No:</b> 02 6771 5616
<b>Kennedy</b>	Paul	<b>Surgery Name:</b> UNE Medical Centre
<b>Address:</b>	Claude Street, UNE, Armidale NSW 2351	
<b>Phone No:</b>	02 6773 2916	<b>Fax No:</b> 02 6773 3686
<b>King</b>	Russell	<b>Surgery Name:</b> Integral Health – Tuesday/Wednesday/Thursday/Friday 9am-5pm
<b>Address:</b>	126 Barney Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 5877	<b>Fax No:</b> 02 6771 5616
<b>Knirsch</b>	Astrid	<b>Surgery Name:</b> Rusden Street Medical Practice
<b>Address:</b>	211 Rusden Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2291	<b>Fax No:</b> 02 6771 2212
<b>Knox</b>	Philippa	<b>Surgery Name:</b> The Marsh Street Medical Practice
<b>Address:</b>	140 Marsh Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 5022	<b>Fax No:</b> 02 6772 9187
<b>Lloyd</b>	Vanessa	<b>Surgery Name:</b> Integral Health
<b>Address:</b>	126 Barney Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2355	<b>Fax No:</b> 02 6772 3925
<b>Martin</b>	Rod	<b>Surgery Name:</b> Rusden Street Medical Practice
<b>Address:</b>	211 Rusden Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2291	<b>Fax No:</b> 02 6771 2212
<b>Maxwell</b>	Tracy	<b>Surgery Name:</b> The Marsh Street Medical Practice
<b>Address:</b>	140 Marsh Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 5022	<b>Fax No:</b> 02 6772 9187
<b>Menzies</b>	Bruce	<b>Surgery Name:</b> Faulkner Street Medical Practice
<b>Address:</b>	145 Faulkner Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2355	<b>Fax No:</b> 02 6772 3925
<b>Meredith</b>	Jeanette	<b>Surgery Name:</b> Jessie Street Medical Practice
<b>Address:</b>	149 Jessie Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 5999	<b>Fax No:</b> 02 6771 4140
<b>Moritz</b>	Barbara	<b>Surgery Name:</b> West Armidale Medical Centre
<b>Address:</b>	298 Beardy Street, Armidale, NSW 2350	
<b>Phone No:</b>	02 6772 2933	<b>Fax No:</b> 02 6771 5220
<b>Nanayakkara</b>	Padma	<b>Surgery Name:</b> Faulkner Street Medical Practice
<b>Address:</b>	145 Faulkner Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2355	<b>Fax No:</b> 02 6772 3925

<b>Niven</b>	Elizabeth	<b>Surgery Name:</b> Jessie Street Medical Practice
<b>Address:</b>	149 Jessie Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 1713	<b>Fax No:</b> 02 6771 4140
<b>Pain</b>	Nigel	<b>Surgery Name:</b> Rusden Street Medical Practice
<b>Address:</b>	211 Rusden Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2291	<b>Fax No:</b> 02 6771 2212
<b>Puxty</b>	Maree	<b>Surgery Name:</b> West Armidale Medical Centre
<b>Address:</b>	298 Beardy Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2933	<b>Fax No:</b> 02 6771 5220
<b>Robertson</b>	Suzanne	<b>Surgery Name:</b> UNE Medical Centre
<b>Address:</b>	Claude Street, UNE, Armidale NSW 2351	
<b>Phone No:</b>	02 6773 2916	<b>Fax No:</b> 02 6773 3686
<b>Talukder</b>	Mahbub	<b>Surgery Name:</b> Barney Street Medical Practice - Tuesday
<b>Address:</b>	78 Barney Street, Armidale NSW 2350	
<b>Phone:</b>	02 6772 2233	<b>Fax No:</b> 02 6772 8855
<b>Tillman</b>	Andreas	<b>Surgery Name:</b> Barney Street Medical Practice - Tuesday
<b>Address:</b>	78 Barney Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2233	<b>Fax No:</b> 02 6772 8855
<b>Waters</b>	John	<b>Surgery Name:</b> Rusden Street Medical Practice
<b>Address:</b>	211 Rusden Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 2291	<b>Fax No:</b> 02 6771 2212
<b>Watt</b>	Jane	<b>Surgery Name:</b> UNE Medical Centre
<b>Address:</b>	Claude Street, UNE, Armidale NSW 2351	
<b>Phone No:</b>	02 6773 2916	<b>Fax No:</b> 02 6773 3686
<b>Whitmore</b>	Robyn	<b>Surgery Name:</b> <del>Surgery Name:</del> Barney Street Medical Practice
<b>Address:</b>	78 Barney Street, Armidale NSW 2350	
<b>Phone:</b>	02 6772 2233	<b>Fax No:</b> 02 6772 8855
<b>Williams</b>	Heather	<b>Surgery Name:</b> The Marsh Street Medical Practice
<b>Address:</b>	140 Marsh Street, Armidale NSW 2350	
<b>Phone No:</b>	02 6772 5022	<b>Fax No:</b> 02 6772 9187

## Ashford

<b>Liu</b>	John	<b>Surgery Name:</b> Ashford Surgery Monday & Thursday 9am-5pm
<b>Address:</b>	6 Kneipp Street/P.O. Box 33, Ashford NSW 2361	
<b>Phone No:</b>	02 6726 2000	<b>Fax No:</b> 02 6725 4171

# Emmaville

**Liu** John **Surgery Name:** Emmaville Surgery – Tuesday, Wednesday, Friday  
9am-5pm  
**Address:** 13-33 Glen Innes Road, Emmaville, NSW 2371  
**Phone No:** 02 6734 7975 **Fax No:** 02 6734 7371

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# Glen Innes

**Annetts** Peter **Surgery Name:** Drs Annetts, Mackay & Haron  
**Address:** 29 East Avenue, Glen Innes NSW 2370  
**Phone No:** 02 6732 2588 **Fax No:** 02 6732 5625

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**Bennett** Tom **Surgery Name:** T R Bennett Medical Services  
**Address:** 142 Meade Street, Glen Innes, NSW 2370  
**Phone No:** 02 6732 3300 **Fax No:** 02 6732 3737

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**Brownlie** Phillip **Surgery Name:** East Avenue Medical Centre  
**Address:** 39 East Avenue, Glen Innes, NSW 2370  
**Phone No:** 02 6732 2511 **Fax No:** 02 6732 1388

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**Correy** Phil **Surgery Name:** East Avenue Medical Centre  
**Address:** 39 East Avenue, Glen Innes, NSW 2370  
**Phone No:** 02 6732 2511 **Fax No:** 02 6732 1388

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**Haron** Ross **Surgery Name:** Drs Annetts, Mackay & Haron  
**Address:** 29 East Avenue, Glen Innes, NSW 2370  
**Phone No:** 02 6732 2588 **Fax No:** 02 6732 5625

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**Mackay** Patricia **Surgery Name:** Drs Annetts, Mackay & Haron  
**Address:** 29 East Avenue, Glen Innes, NSW 2370  
**Phone No:** 02 6732 5722 **Fax No:** 02 6732 5625

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**Quinn** Donna **Surgery Name:** East Avenue Medical Centre  
**Address:** 39 East Avenue, Glen Innes, NSW 2370  
**Phone No:** 02 6732 2511 **Fax No:** 02 6732 1388

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**Wong** EK **Surgery Name:** East Avenue Medical Centre  
**Address:** 39 East Avenue, Glen Innes, NSW 2370  
**Phone No:** 02 6732 2511 **Fax No:** 02 6732 1388

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# Guyra

**Jeyakumar** Thampapillai **Surgery Name:** Guyra Medical Centre  
**Address:** 160 Bradley Street, Guyra. NSW 2365  
**Phone No:** 02 6779 2903 **Fax No:** 02 6779 2907

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# Inverell

**Bental** Amanda **Surgery Name:** Evans Street Surgery  
**Address:** 46 Evans Street, Inverell NSW 2360  
**Phone No:** 02 6722 2855 **Fax No:** 02 6722 2876

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<b>Botes</b>	Marthinus	<b>Surgery Name:</b> Evans Street Surgery
<b>Address:</b>	46 Evans Street, Inverell NSW 2360	
<b>Phone No:</b>	6722 2855	<b>Fax No:</b> 02 6722 2876
<b>Denham</b>	Una (Nicky)	<b>Surgery Name:</b> St Elmo Medical Practice
<b>Address:</b>	69 Otho Street, Inverell NSW 2360	
<b>Phone No:</b>	02 6722 1999	<b>Fax No:</b> 02 6721 0502
<b>Gillman</b>	Anthony	<b>Surgery Name:</b> Ross Street Surgery
<b>Address:</b>	4 Ross Street, Inverell NSW 2360	
<b>Phone No:</b>	02 6721 2763	<b>Fax No:</b> 02 6721 2765
<b>Hall</b>	Joseph	<b>Surgery Name:</b> Macintyre Medical Centre
<b>Address:</b>	75 Otho Street, Inverell NSW 2360	
<b>Phone No:</b>	02 6722 3377	<b>Fax No:</b> 02 6722 5649
<b>Harding</b>	Mark	<b>Surgery Name:</b> Evans Street Surgery
<b>Address:</b>	46 Evans Street, Inverell NSW 2360	
<b>Phone No:</b>	02 6722 2855	<b>Fax No:</b> 02 6722 2876
<b>Huynh</b>	Thanh	<b>Surgery Name:</b> Ross Street Surgery
<b>Address:</b>	4 Ross Street, Inverell NSW 2360	
<b>Phone No:</b>	02 6721 2763	<b>Fax No:</b> 02 6722 2765
<b>Lim</b>	Kenneth	<b>Surgery Name:</b> Dr Lim's Consulting Rooms
<b>Address:</b>	Old Bundarra Road, Inverell NSW 2360	
<b>Phone No:</b>	02 6722 2468	<b>Fax No:</b> 02 6722 3234
<b>Maendel</b>	Christopher	<b>Surgery Name:</b> Danthonia Medical Practice
<b>Address:</b>	Danthonia, Glen Innes Road, Inverell NSW 2360	
<b>Phone No:</b>	02 6708 4348	<b>Fax No:</b> 02 6708 4335
<b>McInyre</b>	Cheryl	<b>Surgery Name:</b> Evans Street Surgery
<b>Address:</b>	46 Evans Street, Inverell NSW 2360	
<b>Phone No:</b>	02 6722 2855	<b>Fax No:</b> 02 6722 2876
<b>Millington</b>	Galia	<b>Surgery Name:</b> Armajun – Aboriginal Health Service
<b>Address:</b>	1 River Street, Inverell NSW 2360 – P.O. Box 27	
<b>Phone No:</b>	02 6721 9777	<b>Fax No:</b> 02 6721 2297
<b>Palmer</b>	Robert	<b>Surgery Name:</b> St Elmo Medical Practice
<b>Address:</b>	69 Otho Street, Inverell NSW 2360	
<b>Phone No:</b>	02 6722 1999	<b>Fax No:</b> 02 6721 0502
<b>Thatcher</b>	Breda	<b>Surgery Name:</b> Ross Street Surgery
<b>Address:</b>	4 Ross Street, Inverell NSW 2360	
<b>Phone No:</b>	02 6721 2763	<b>Fax No:</b> 02 6721 2765
<b>Thacher</b>	Lewis	<b>Surgery Name:</b> Ross Street Surgery
<b>Address:</b>	4 Ross Street, Armidale NSW 2360	
<b>Phone No:</b>	02 6721 2763	<b>Fax No:</b> 02 6721 2765

**Zieziaee** Soroush **Surgery Name:** St Elmo Medical Practice  
**Address:** 69 Otho Street, Inverell NSW 2360  
**Phone No:** 02 6722 1999 **Fax No:** 02 6721 0502

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## Tenterfield

**Baldwin** Terence **Surgery Name:** Tenterfield Medical Centre  
**Address:** 123 Rouse Street, Tenterfield NSW 2372  
**Phone No:** 02 6736 0919 **Fax No:** 02 6736 0929

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**Brennan** Frank **Surgery Name:** Tenterfield Medical Centre  
**Address:** 123 Rouse Street, Tenterfield, NSW 2372  
**Phone No:** 02 6736 0919 **Fax No:** 02 6736 0929

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**Fomatti** Julia **Surgery Name:** Tenterfield Medical Centre – Tuesday  
**Address:** 123 Rouse Street, Tenterfield NSW 2372  
**Phone No:** 02 6736 0919 **Fax No:** 02 6736 0929

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**Mondal** Amitosh **Surgery Name:** Rouse Street Medical Practice  
**Address:** 357 Rouse Street, Tenterfield NSW 2372  
**Phone No:** 02 6736 1522 **Fax No:** 02 6736 1622

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**Pilgrim** Brian  
**Address:** 196 Rouse Street, Tenterfield, NSW 2372  
**Phone No:** 02 6736 2155 **Fax No:** 02 6736 1703

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## Uralla

**Chowdhury** Nasirul **Surgery Name:** The Uralla Clinic  
**Address:** 32 Bridge Street, Uralla NSW 2358  
**Phone No:** 02 6778 4644 **Fax No:** 02 6778 3900

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**Hughes** Robert **Surgery Name:** Uralla Medical Centre  
**Address:** 22 Hill Street, Uralla NSW 2358  
**Phone No:** 02 6778 4500 **Fax No:** 02 6778 3547

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**Niven** Elizabeth **Surgery Name:** The Uralla Clinic  
**Address:** 32 Bridge Street, Uralla NSW 2358  
**Phone No:** 02 6778 4644 **Fax No:** 02 6778 3900

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### 3. SPECIALISTS – Local

#### Anaesthetist

**Bohlsen** Terry 298 Beardy Street, Armidale, NSW 2350

**Phone No:** 02 6772 5410 **Fax No:** 02 6771 5220

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**Kneebone** David Armidale & New England Hospital, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6776 9612 **Fax No:** 02 6776 9699

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**Kozera** Christine Armidale & New England Hospital, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6776 9612 **Fax No:** 02 6772 9822

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**Pryor** Terry Armidale & New England Hospital, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6776 9612 **Fax No:** 02 6771 4712

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**Rowe** David Armidale & New England Hospital, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6776 9612 **Fax No:** 02 6776 9699

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#### Bone Density Testing

##### Armidale Osteopathic Clinic

193 Faulkner Street, Armidale, NSW 2350

**Phone No:** 02 6772 6265/0447 337 601

##### John English

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##### Osteosolutions

Unit 2, 108 Taylor Street, Armidale NSW 2350

**Phone No:** 1300 659 796

Period Visiting: Weekly – Tuesday

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#### Ear, Nose and Throat

**Macarthur** Peter 126 Markham Street, Armidale, NSW 2350

**Phone No:** 02 6772 1846 **Fax No:** 02 6772 9428

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#### Geriatrician

**De Gabriele** Gerry Armidale & New England Hospital, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6776 9944 **Fax No:** 02 6776 4704

---

#### Neurologist

**Pascoe** Melinda

18 Rockvale Road, Armidale NSW 2350

Monday/Tuesday/Wednesday 10am – 2pm

**Phone No:** 02 6772 2377 **Fax No:** 02 6772 238

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## Obstetrician/Gynaecologist

**Mihaylov** Eugeni – Staff Specialist

Armidale Private Hospital, Rusden Street, Armidale, NSW 2350

**Phone:** 02 6771 0970 **Fax No:** 026771 0972

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**Nihad** Abu-Asab

Armidale Public Hospital, Rusden Street, Armidale NSW 2350

**Phone:** 02 67769944 **Fax No:** 6776 4953

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## Ophthalmologist

**Morgan** Mark 127 Butler Street, Armidale, NSW 2350

**Phone No:** 02 6772 3655 **Fax No:** 02 6772 7043

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## Paediatrician

**Power** Keith 157 Mann Street, Armidale, NSW 2350

**Phone No:** 02 6772 5228 **Fax No:** 02 6772 5243

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**Wiles** Catherine 172 Brown Street, Armidale, NSW 2350

**Phone No:** 02 6772 0440 **Fax No:** 02 6772 0441

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## Physician - Adolescent

**Roberston** Suzanne UNE Medical Centre, Claude Street, Armidale NSW 2351

**Phone No:** 02 6773 2916 **Fax No:** 02 6773 3686

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## Physician

**Baker** Gary 129 Markham Street, Armidale, NSW 2350

**Phone No:** 02 6771 1309 **Fax No:** 02 6771 1439

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**Flynn** John Armidale & New England Hospital, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6776 9713 **Fax No:** 02 6776 4704

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**Lath** Sanjiv Armidale & New England Hospital, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6776 9713 **Fax No:** 02 6776 4704

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**Lim** Kenneth Old Bundarra Road, Inverell, NSW 2360

**Phone No:** 02 6722 2468 **Fax No:** 02 6722 3234

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## Psychiatrist

**Burek** Richard

Community Health, Rusden Street, Armidale, NSW 2350 (visits Mondays weekly)

**Phone No:** 02 6776 9500 **Fax No:** 02 6776 4885

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**Lees** Nina

Community Health, Rusden Street, Armidale NSW 2350 (Visits Monday/Tuesday weekly)

**Phone No:** 02 6776 9500 **Fax No:** 02 6776 4885

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## Respiratory Physician and Cardiologist

**O'Connor** Simon Locked Bag 9783, NEMSC, Tamworth, NSW 2348

**Phone No:** 02 6767 8519

**Fax No:** 02 6766 9562

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## Surgeon – General

**Dahl** Hans Armidale & New England Hospital, Rusden Street, Armidale, 2350

**Phone No:** 02 6776 9713

**Fax No:** 02 6776 4704

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**French** Robert

Faulkner Street Medical Practice, 145 Faulkner Street, Armidale NSW 2350

**Phone No:** 02 6772 2355

**Fax No:** 02 6772 3925

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**Sanjaya** Karunaratne (Kuru) Armidale & New England Hospital, Rusden Street, Armidale, 2350

**Phone No:** 02 6776 9713

**Fax No:** 02 6776 4704

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**Seglenieks** Arnold

Suite 1, Armidale Private Hospital, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6771 0968

**Fax No:** 02 6771 0983

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**Waters** John

Rusden Street Medical Practice, 211 Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6772 2291

**Fax No:** 02 6771 2212

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## Surgeon – Orthopaedic

**Diebold** Robin

Suite 1, 224 Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6771 1372

**Fax No:** 02 6771 1387

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## SPECIALISTS - Visiting Armidale

### Cardiologist – Paediatric Physician

**Murphy** David Children's Hospital Medical Centre- Bookings Direct

**Phone No:** 02 9891 6800

**Fax No:** Not available

Period Visiting: Visits at Private Hospital Approximately 3 times a year

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### Dentist – Paediatric Specialist

**Sawyer** Philippa Level 6, 200 Pacific Highway, Crows Nest, NSW 2065

**Phone No:** 02 9955 5622

**Fax No:** 02 9955 5033

Period Visiting: Monthly at Private Hospital

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### Dermatologist

**Becker** Gerrie

C/- New England Division of General Practice, 213 Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6771 1146

**Fax No:** 02 6771 1170

Period visiting: Six weekly

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## Ear Nose and Throat

**Robilliard** Malcolm 37 Darling Street, Tamworth NSW 2340

**Phone No:** 02 6766 5199 **Fax No:** 02 6761 2170

Period Visiting: Consults fortnightly, Operates Monthly at Private Hospital

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## Endocrinologist

**Naidu** Vernon

c/- New England Division of General Practice, 213 Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6771 1146 **Fax No:** 02 6771 1170

Period Visiting: Monthly visits to Armidale

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## Hearing Aid Specialist

**Mouatt** Jeanette 29 Dean Street, Tamworth, NSW 2340

**Phone No:** 02 6766 1191 **Fax No:** 02 6766 1199

Period Visiting: 3 times monthly on Monday at Private Hospital

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## Oral and Maxillofacial Surgery

**Moloney** Frank Level 15, 141 Queen Street, Brisbane, QLD 4000

**Phone No:** 1800 184 184

Period Visiting: Monthly at Private Hospital

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## Plastic and Cosmetic Surgery

**Arianayagam** Chandras

18 – 20 Scarba St, Coffs Harbour, NSW 2450

**Phone No:** 02 6651 5611 **Fax No:** 02 6651 1027

Period Visiting: Six weekly at New England Division of General Practice, Armidale

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## Psychiatrist

**Ahmed** Tanveer

New England Division of General Practice 213 Rusden Street, Armidale NSW 2350

**Phone:** 02 6771 1146 **Fax No:** 02 6771 1170

Period Visiting: Weekly

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**Lees** Nina (Visits Weekly: Monday/Tuesday)

Community Health, Rusden Street, Armidale NSW 2350

**Phone No:** 6776 9600 **Fax No:** 02 6776 4885

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**Burek** Richard (Visits Mondays Weekly)

Community Health, Rusden Street, Armidale NSW 2350

**Phone No:** 6776 9600 **Fax No:** 02 6776 4885

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## Urologist

**Awad** Nader Highfields Specialists Centre, 3 Highfields Circuit,  
Port Macquarie NSW 2444

**Phone No:** 02 6581 4344

**Period Visiting:** Monthly at Private Hospital

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# ALLIED HEALTH

## Acupuncture

### Able Bodies

170 Allingham Street, Armidale, NSW 2350

**Phone No:** 02 6771 3469

**Fax No:** Not available

### Ken Behrens

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### Inner Path

100 Barney Street, Armidale, NSW 2350

**Phone No:** 02 6772 3894

**Fax No:** 02 6772 8006

### Paul Coop

### Benjamin Chant

### Leigh Fernance Herbal Medicine

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### Synergy Acupuncture

11 Alahna Drive, Armidale, NSW 2350

**Phone No:** 02 6771 3964

**Fax No:** Not available unless advised

### Tony Bennett

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## Chiropractor

### Armidale Chiropractic Centre

Armidale Business Centre, Cinders Lane, Armidale, NSW 2350

**Phone No:** 02 6776 6200

**Fax No:** 6776 6277

### Luke Larsen

### Julien Bett

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Unit 2, 166 High Street, Tenterfield, NSW 2371

**Phone No:** 02 6736 2855

**No Fax**

### Ivan Botha

3 Trim Street, Armidale, NSW 2350

**Phone No:** 02 6772 9616

**Fax No:** No

### Inverell Chiropractic Centre

138 Otho Street, Inverell, NSW 2360 (P.O. Box 191)

**Phone No:** 02 6722 3022

**Fax No:** 02 6722 3140

### Wendy Thompson

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### Scott Parker

Unit 2/182 Rouse Street, Tenterfield, NSW 2371

**Phone No:** 02 6736 4545

**Fax No:** 6736 4545

**Tenterfield Chiropractic Clinic****Narelle Hoffman**

202 Logan Street, Tenterfield, NSW 2372

**Phone No:** 02 6736 2636**Fax No:** 02 6736 2636

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**Warden Chiropractic Centre**

20 Marsh Street, Armidale, NSW 2350

3 Elizabeth Street, Glen Innes, NSW 2370

(visits Glen Innes Wednesdays)

**Phone No:** 02 6732 6878**Phone No:** 02 6772 5044**Fax No:** 02 6772 5044

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**Brett Warden**

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**Dentist****Armidale Dental**

Suite 1/First Floor, 214 Beardy Street, Armidale, NSW 2350

**Phone No:** 02 6771 5047**Fax No:** 02 6771 5047

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**Michael Henderson**

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**Dr Cole Dental Surgery**

138 Marsh Street, Armidale, NSW 2350

**Phone No:** 02 6772 9386**Fax No:** 6771 1784

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**Chris Cole**

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**Dewhurst Dental Practice**

Suite 4,175 Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6772 3522**Fax No:** 02 6771 2638

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**Robert Dewhurst****Soo/Wee Ong**

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**Howard Ellis**

Cnr East Avenue and Meade Streets, Glen Innes, NSW 2370

**Phone No:** 02 6732 2120**Fax No:** 02 6732 3317

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**Inverell Dental Services**

33A Otho Street, Inverell

**Phone No:** 02 6722 3218**Fax No:** 02 6722 4533

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**Dave Xavier****Sue Montgomery****Peter M. Butcher****Michael Flood****Gerard Beekhuis**

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**Markham Street Dental**

123 Markham Street, Armidale, NSW 2350

**Phone No:** 02 6772 6554

**Fax No:** 02 6771 2363

**Paula Bower**

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**Minto Dental Surgery**

The Minto Building, 161 Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6772 1102

**Fax No:** 02 6771 5710

**Halina Wojno**

**Thomas Kucio**

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**Ed Montgomery Dental Surgery**

209 Bourke Street, Glen Innes, NSW 2370

**Phone No:** 02 6732 5184

**Fax No:** 6732 3153

**Ed Montgomery****New England Dental Group**

188 Dangar Street, Armidale, NSW 2350

**Phone No:** 02 6771 2283

**Fax No:** 02 6771 1148

**Geoff Henzell**

**Colin Pateman**

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**Otho Street Dental Service**

22 Sweany Street, Inverell, NSW 2360

**Phone No:** 02 6722 3108

**Fax No:** 02 6721 0281

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**Colin Pateman Dental Surgery**

164 Beardy Street, Armidale, NSW 2350

**Phone No:** 02 6772 3309

**Fax No:** No

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**Thorne Dental Surgery**

65 Marsh Street, Armidale, NSW 2350

**Phone No:** 02 6772 3061

**Fax No:** 02 6772 7079

**Cristy Norton**

**Peter Norton**

**Kainan Qu**

**Richard Oh**

**Geoff Thorne**

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**Exercise Physiologist****Trends Health & Wellbeing**

86 Rusden Street, Armidale NSW 2350

**Phone No:** 02 6771 1058

**Fax No:** 02 6771 1076

**Elliott** Dougal

**Mobile:** 0428 772 262

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## Hypnotherapist

### Stephan Knoerles

18 Rockvale Road, Armidale

**Phone No:** 02 6771 3171

**Fax No:** TBA

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## Optometrist

### Michael G Andrews

170 Bourke Street, Glen Innes, NSW 2370

**Phone No:** 02 6732 1645

**Fax No:** No Fax

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### Michael G Andrews

118A Byron Street, Inverell, NSW 2360

**Phone No:** 02 6721 1133

**Fax:** Advise before faxing

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### Armidale Eyecare Plus

Cnr Markham and Kirkwood Streets, Armidale, NSW 2350

**Phone No:** 02 6772 5977

**Fax No:** 02 6771 4989

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### Delmar Parker

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### Brennan and Smith Optometrists

180 Beardy Street Mall, Armidale, NSW 2350

**Phone No:** 02 6772 5555

**Fax No:** 02 6772 6731

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### Brennan and Smith Optometrists

36 Otho Street, Inverell, NSW 2350

**Phone No:** 02 6722 1855

**Fax No:** 02 6722 1166

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### Brennan and Smith Optometrists

268 Rouse Street, Tenterfield, NSW 2372

**Phone No:** 02 6736 2536/67365855

**Fax No:** 02 6736 2536

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### Mark Smith

### Gareth Edwards

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### David Nicholls Optometrists

94 Byron Street, Inverell, NSW 2360

**Phone No:** 02 6722 3496

**Fax No:** 02 6721 4438

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### OPSM New England

Shop 18, Centro Armidale, Cnr Beardy and Jessie Street, Armidale, NSW 2350

**Phone No:** 02 6772 3242

**Fax No:** 02 6772 8301

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### Altaea Lean

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## Orthodontist

### New England Orthodontics

Suite 4/87A Beardy Street, Armidale, NSW 2350

Tuesday/Thursday

**Phone No:** 02 6771 5066

**Fax No:** 6771 5070

**Peter Lewis**

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## Pathology Services

### Douglas Hanley Moir Pathology

210 Rusden Street, Armidale, NSW 2350

**Phone No:** 6771 5424

**Fax No:** 6772 1513

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### Douglas Hanley Moir Pathology

83 Otho Street, Inverell, NSW 2350

**Phone No:** 02 6722 4303

**Fax No:** 02 6721 3369

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### Healthscope Pathology Accredited Collection Centre (ACC) Uralla

32 Bridge Street, Uralla NSW 2358

**Phone No:** 6778 4788

Opening Hours 8am-1pm Monday-Friday

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### Healthscope Pathology Laboratory

1Q Bligh Street, Tamworth NSW 2340

**Phone No:** 1300 126 626

**Fax No:** 02 6766 1732

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### Laverty Pathology

216 Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6772 9000

**Fax No:** 02 6771 5638

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### Pathology New England

Health Service, Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6776 9620

**Fax No:** 02 6776 4839

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### Pathology New England

Health Service, Taylor Street, Glen Innes, NSW 2370

**Phone No:** 02 6739 0211

**Fax No:** 02 6732 6746 (Lab)

Collection Centre, 125 Bourke Street, Glen Innes, NSW 2370

**Phone No:** 02 6730 2151

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### Pathology New England

Health Service, Swanbrook Road, Inverell, NSW 2360

**Phone No:** 02 6721 9525

**Fax No:** 02 6721 9549 (Lab)

Collection Centre, 73 Otho Street, Inverell, NSW 2360

**Phone No:** 02 6722 1747

**Fax No:** 02 6722 4730

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### Pathology New England

Collection Centre, 93 High Street, Tenterfield, NSW, 2372

**Phone No:** 02 6736 2828

**Fax No:** 02 6736 2830

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## Physiotherapist

### Alexander Wendy

132 Otho Street, Inverell, NSW 2360 ( P.O. Box 315)

**Phone No:** 02 6721 1566

**Fax No:** 02 6721 1560

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### Armidale Physiotherapy and Sports Injury Centre

Shop 4, 4-6 Moore Street, Robertson House, Armidale, NSW 2350 (P.O. Box 1733)

**Phone No:** 02 6771 1588

**Fax No:** 02 6771 1588

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### Marinda Teseling

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### Kate Hind Physiotherapy

139 Dangar Street, Armidale, NSW 2350

**Phone No:** 02 6772 9600

**Fax No:** 02 6772 9600

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### Kate Hind

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### Desie Kearsey

100 Old Bundarra Road, Inverell, NSW 2360

**Phone No:** 02 6722 2583

**Fax No:** 02 6722 2583

**Mobile** 0427 215 535/ 0429 354 075

Tuesday/Friday Warialda Sports Centre

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### Jenny Miller Physiotherapy

117 Butler Street, Armidale NSW 2350

**Phone No:** 02 6771 5755

**Fax No:** 02 6772 3647

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### Jenny Miller

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### New England Spinal and Sports Physiotherapy Centre

139 Butler Street, Armidale, NSW 2350

**Phone No:** 02 6771 2177

**Fax No:** 02 6771 4724

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### Rob Tindale

### Gemma Mulligan

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### Rusden Street Physiotherapy and Sports Rehabilitation

214 Rusden Street, Armidale NSW 2350

**Phone No:** 02 6772 1962

**Fax No:** 02 6771 4488

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### Deborah King

### Anne Pine

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### Mary Sutherland Physio Plus

Unit 1/143 Faulkner Street, Armidale, NSW 2350 (P.O. 1223)

**Phone No:** 02 6772 0222

**Fax No:** 02 6772 0111

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### Mary Sutherland

### Kate Bose

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## Physiotherapist

### Gillian Traise

Beardy Street, Armidale NSW 2350

**Phone No:** 02 6772 3981

**Fax No:** 02 6772 3981

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## Podiatrist

### Bronwyn Isaac

139 Dangar Street, Armidale NSW 2350

**Phone No:** 02 6772 5699

**Fax No:** 02 6772 9600

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### New England Foot Clinic

3/224 Rusden Street, Armidale NSW 2350

**Phone No:** 02 6772 0725

**Fax No:** 02 6772 0740

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### Leah Kelly

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## Radiology Services

### Armidale Radiology

217-219 Rusden Street, Armidale, NSW 2350

**Phone No:** 02 6772 2349

**Fax No:** 02 6772 4757

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### Inverell Diagnostic Imaging

35 Otho Street, Inverell, NSW 2360

**Phone No:** 02 6722 4248

**Fax No:** 02 6722 3970

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## Sleep and Respiratory Service

### Acacia Sleep & Respiratory Service

212 Barney Street, Armidale, NSW 2350

**Phone No:** 02 6771 5866

**Fax No:** 02 6772 6955

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## Speech Pathology

### Linda Foskey

91 Brae Street, Inverell, NSW 2360 (P.O. Box 1228)

**Fax No:** 02 6721 1927

**Phone No:** 02 6721 5078 / Mobile: 0402 120 882

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### Melissa Gill

21 College Avenue, Armidale, NSW 2350

No fax

**Phone No:** 02 6772 6145 / 0400 002 443

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### Louise Tindale

172 Galloway Street, Armidale, NSW 2350

**Phone No:** 02 6772 7166

**Fax No:** 02 6771 4724

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## Speech Pathology

**Merilyn Ward**

142 Handel Street, Armidale, NSW 2350

No fax

**Phone No:** 02 6772 2087

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## 4. PHARMACIES/PHARMACISTS

	Phone No	Fax No
<b>Anne Docherty Amcal Chemist</b> Shop 4, East Mall, 90-96 Marsh Street, Armidale 2350	02 6772 2317	02 6772 0658
<b>Anne Docherty</b>		
<b>Armidale New England Health Pharmacy</b> Armidale Hospital, Rusden Street, Armidale 2350	02 6776 9623	02 6776 4721
<b>Joanne Davidson</b>		
<b>Armidale Priceline Pharmacy</b> 214 Beardy Street, Armidale 2350	02 6772 3327	02 6772 0486
<b>Anne Docherty</b>		
<b>Campbell Freebairn Pharmacy</b> 66 Otho Street, Inverell 2360	02 6722 3089	02 6721 0027
<b>Brendan Campbell</b>	<b>Mobile:</b> 0407 437 109	
<b>Emma Freebairn</b>	<b>Mobile:</b> 0429 391 895	
<b>GF Ditton Chemist</b> 77 Byron Street, Inverell 2360	02 6722 2639	02 6721 0406
<b>Geoff Ditton</b>		
<b>Good Price Pharmacy Warehouse</b> Armidale Plaza, Beardy Street, Armidale 2350	02 6772 3331	02 6772 7667
<b>David Bokeyar</b>		
<b>Graydon's Amcal Chemist</b> 230 Grey Street, Glen Innes 2370	02 6732 1976	02 6732 4566
<b>Michael Graydon</b>		
<b>Hannon's Mount View Pharmacist Advice</b> 2A Chestnut Avenue, Armidale 2350	02 6772 7557	02 6771 2230
<b>Gregory Hannon</b>		
<b>Jackie Rummery</b>		
<b>Alison Stephen</b>		
<b>David Hodgson Chemist</b> 114 Dangar Street, Armidale NSW 2350	02 6771 1234	02 6771 1332
<b>Amos Kurniawan</b>		
<b>Alison Stephen</b>		
<b>Inverell Pharmacy</b> 132 Byron Street, Inverell	02 6722 3146	02 6722 5631
<b>David Goddard</b>		

**Jenni Jackson's Guyra Pharmacy**

106 Bradley Street, Guyra 2365

02 6779 1192

02 6779 2009

**Jenni Jackson**

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**Tenterfield Soul Pattinson Chemist**

248 Rouse Street, Tenterfield 2372

02 6736 1028

02 6736 3616

**Terry White Chemist Armidale**

Centro, Beardy Street, Armidale 2350

02 6772 7836

02 6771 3223

**Timbs Pharmacy**

240-242 Grey Street, Glen Innes 2370

02 6732 3016

02 6732 3216

**Angela Landers****William Munro**

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**Uralla Pharmacy**

72-74 Bridge Street, Uralla 2358

02 6778 5011

02 5776 1717

## 5. HOSPITALS AND COMMUNITY HEALTH

	Phone No	Fax No
<b>Local Hospitals</b>		
<b>Armidale Rural Referral Hospital</b> Rusden Street, Armidale NSW 2350	02 6776 9500	02 6776 4774
<b>Armidale Private Hospital</b> Rusden Street, Armidale NSW 2350	02 6771 4000	02 6772 1724
<b>Bundarra Hospital (Community Health)</b> Thunderbolts Way, Bundarra NSW 2359	02 6723 7601	02 6723 7191
<b>Emmaville Hospital</b> <b>(Vegetable Creek Multi Purpose Service)</b> Glen Innes Road, Emmaville NSW 2371	02 6734 7900	02 6734 7990
<b>Glen Innes Hospital</b> 94 Taylor Street, Glen Innes NSW 2370	02 6739 0200	02 6739 0143
<b>Guyra Multi Purpose Service</b> 44-45 Sole Street, Guyra NSW 2365	02 6738 4000	02 6779 1579
<b>Hunter New England Population Health</b> 470 Peel Street, Tamworth NSW 2340	02 6764 8000	02 6766 3003
<b>Inverell Hospital</b> Swanbrook Road, Inverell NSW 2360 P.O. Box 279	02 6721 9500	02 6721 9567
<b>Tamara Private Hospital</b> 2-6 Dean Street, Tamworth NSW 2340	02 6766 1955	02 6766 8274
<b>Tamworth Base Hospital</b> Dean Street, Tamworth NSW 2340	02 6767 7700	02 6766 1027
<b>Tenterfield Hospital</b> 1-15 Naas Street, Tenterfield NSW 2372	02 6739 5200	02 6736 2960
<b>Other Hospitals</b>		
<b>Concord Hospital</b> Hospital Road, Concord NSW 2139	02 9767 5000	
<b>James Fletcher Hospital (HNE Mental Health Service)</b> 72 Watt Street, Newcastle NSW 2300	02 4924 6500	
<b>John Hunter Hospital</b> Lookout Road, New Lambton Heights, Newcastle 2300	02 4921 3000	
<b>Prince of Wales Hospital</b> High Street, Randwick NSW 2031	02 9382 2222	
<b>Royal North Shore Hospital</b>	02 9926 7111	

**Royal Prince Alfred Hospital** 02 9515 6111

Missenden Road, Camperdown NSW 2050

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**St Vincent's Hospital** 02 8382 1111

390 Victoria Street, Darlinghurst NSW 2010

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**Sydney Children's Hospital** 02 9382 1111

212 Hawkesbury Street, Westmead NSW 2145

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## Community Health Centres

### Armidale Community Health Centre

Rusden Street, Armidale NSW 2350 02 6776 9600 02 6776 4900

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### Bundarra Community Health

Grace Munro Centre

2 Thunderbolts Way, Bundarra NSW 2359 02 6723 7008 02 6723 7009

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### Glen Innes Community Health

Glen Innes Hospital, Taylor Street, Glen Innes 2370 02 6739 0100 02 6739 0105

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### Guyra Multipurpose Service

44-46 Sole Street, Guyra 2365 02 6779 1166 02 6779 1579

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### Inverell Community Health

Swanbrook Road, Inverell NSW 2360 (P.O. Box 701) 02 6721 9600 02 6721 9580

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### Tenterfield Community Health

Naas Street, Tenterfield NSW 2372 02 6739 5200 02 6736 2960

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### Uralla Community Health

Cnr Wood and Bridge Streets, Uralla NSW 2358 02 6776 1201 02 6778 3952

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### Vegetable Creek Multipurpose Service

Glen Innes Road Emmaville NSW 2371 02 6734 7900 02 6734 7990

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## 6. AGED CARE

	Phone No	Fax No
<b>Aged Care Residential Facilities</b>		
<b>Autumn Lodge Village</b>		
50 Butler Street, Armidale NSW 2350	02 6772 7533	02 6772 6982
Ningana		
Wollemi		
<b>BUPA Armidale Nursing Home</b>		
112 Brown Street, Armidale NSW 2350	02 6772 6363	02 6772 7286
<b>Glenwood Gardens Aged Care Facility</b>		
175 Lambeth St, Glen Innes NSW 2370	02 6732 3720	02 6732 4564
<b>Haddington Nursing Home</b>		
116-126 Duncan Street, Tenterfield NSW 2372	02 6736 4444	02 6736 4000
<b>Ken Thompson Lodge</b>		
86 Boxhill Drive, Armidale NSW 2350 (P.O. Box 400)	02 6770 1200	02 6770 1299
<b>Kolora Hostel</b>		
Yarrowonda Street, Guyra NSW 2365 (P.O. Box 257)	02 6779 1922	02 6779 2097
<b>McLean Care Foundation</b>		
Killean Street, Inverell NSW 2360	02 6722 2655	02 6722 2025
<b>McMaugh Gardens Hostel</b>		
King Street, Uralla NSW 2358	02 6778 5145	02 6778 3199
<b>Millrace Hostel for the Aged</b>		
422 Rouse Street, Tenterfield NSW 2372	02 6736 2622	02 6736 3282
<b>Roseneath Aged Care Centre</b>		
205 Meade Street, Glen Innes NSW 2370	02 6732 2043	02 6732 5461
<b>Sunhaven Hostel</b>		
Kneipp Street, Ashford NSW 2361	02 6725 4223	02 6725 4148
<b>Town and Country Nursing Service</b>		
219 Byron Street, Inverell NSW 2360	02 6721 1920	02 6721 2142
<b>Dementia Services</b>		
<b>Alzheimer's Association - Armidale</b>		
New England Division of General Practice, P.O Box 1321, Armidale 2350		
<b>Contact Person:</b> Sally Prowse	02 6771 1146	02 6771 1170
<b>Alzheimer's Australia NSW Inc – Dementia Helpline</b>	1800 100 500	

<b>Armidale Dementia Respite Program</b>	02 6770 3826	02 6771 3691
141 Faulkner Street, Armidale NSW 2350		
Armidale Dementia Day Respite Service		
9.00 – 5.00 Tues – Fri		02 6770 3826
<b>Carelink Information</b>	1800 052 222	
<b>Commonwealth Carer Respite Centre</b>	1800 052 222	02 6761 2187
Locked Bag 9783, Tamworth NEMSC 2348	02 6766 2506	
<b>Dementia Education and Support Service</b>		
New England Division of General Practice, P.O. Box 1321 Armidale 2350		
<b>Contact Person:</b> Sally Prowse	02 6771 1146	05 6771 1170
<b>Dementia Network</b>	02 6771 1146	02 6771 1170
(New England Division of General Practice)		
P.O. Box 1321, Armidale NSW 2350		
<b>Kent/Hughes House Community Centre</b>	02 6770 3804	02 6771 3691
141 Faulkner Street, Armidale NSW 2350		

# 7. EMERGENCY SERVICES

## 24 HOURS EMERGENCY CALL DIAL 000

### AMBULANCE FIRE AND POLICE

	Phone No	Fax No
<b>Ambulance</b>		
Ambulance and Air Ambulance Bookings	131 233	
Armidale Ambulance Station	02 6771 1710	Officer in Charge
Business number only not for ambulance bookings		
Glen Innes Ambulance Station	02 6732 2670	
Business number only not for ambulance bookings		
Inverell Ambulance Station	02 6722 5680	
Business number only not for ambulance bookings		
Tenterfield Ambulance Station	02 6736 1777	
Business number only not for ambulance bookings		
<b>Police</b>		
Armidale Police station	02 6771 0699	
96 Faulkner Street, Armidale NSW 2350		
Emmaville Police Station	02 6734 7344	
(Transfers to Glen Innes station)		
Glen Innes Police Station	02 6732 9799	
128 Meade Street, Glen Innes, NSW 2370		
Guyra Police Station	02 6738 4299	
174 Bradley Street, Guyra NSW 2365		
Inverell Police Station	02 6722 0599	
109 Otho Street, Inverell, NSW 2360		
Tenterfield Police Station	02 6736 1144	
94 Molesworth Street, Tenterfield NSW 2371		
Uralla Police Station	02 6778 4400	
Hill Street, Uralla NSW 2358		

## Fire Brigade

Armidale	02 6771 5076
Glen Innes	02 6732 5379
Guyra	02 6779 1448
Uralla	02 6778 4010
Inverell	02 6721 0015
Tenterfield	02 6736 3835

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## Other Emergency Services

<b>Armidale/Dumaresq State Emergency Service</b>	02 6776 4090
<b>Australian Federal Police National Switchboard</b>	1800 813 784
<b>Aviation Search and Rescue (24/7 Service)</b>	1800 815 257
<b>Crime Stoppers Hotline</b> (24 Hours)	1800 333 000
<b>Maritime</b>	1800 641 792
<b>Poison Information Centre</b>	13 11 26
<b>State Emergency Service</b> (any area)	132 500
<b>Vital Call</b> (emergency – 24 hours) 7.00 – 7.00 Mon – Fri	1300 360 808

## 8. OTHER CONTACTS

	<b>Phone No</b>
<b>Arthritis Foundation of NSW</b>	1800 011 041
Suite 1.15/32 Delhi Road North Ryde 2113	02 9857 3300
<b>Asthma Foundation of Australia</b>	02 9906 3233
Level 7, 35 Chandos Street, St Leonards 2065	
<b>Australian Physiotherapy Association</b>	03 9092 0888
P.O.Box 437, Hawthorne BC 3123	
<b>Australian Podiatry Association</b>	02 9698 3751
20/450 Elizabeth Street, Surry Hills, NSW 2010	
<b>Cancer Helpline</b>	131 120
<b>Continence Foundation of Australia</b>	1800 330 066
293 Royal Parade, Parkville	
<b>Diabetes Australia</b>	1300 136 588
26 Arundel Street, Glebe 2037	
<b>Epilepsy Action Australia</b>	1300 374 537
P.O. Box 879, Epping NSW 1710	
<b>Family Planning NSW</b>	02 8752 4300
328-336 Liverpool Road, Ashfield	
<b>Gay and Lesbian Counselling Service</b>	1800 184 527
<b>Heartline (Freecall)</b> 5.30 – 10.30 7 days	1300 362 787
<b>Hep C Helpline</b> 9.00 – 5.00 Mon – Fri	1800 803 990
<b>Life Line</b> 24 Hours	13 11 14
<b>Osteoporosis Australia</b>	1800 242 141
Locked Bag 2216, North Ryde 1670	
<b>Rape Crisis Centre</b>	1800 424 017
<b>Salvation Army – Careline – Sydney</b>	02 9331 6000
	1300 363 622
<b>Salvation Army – Salvo Youth Line – Sydney</b>	02 9360 3000
	1300 363 622
<b>The Gut Foundation</b>	02 9382 2749
C/- Diabetes Centre, Prince of Wales Hospital, Randwick 2031	
<b>Veterans Family Counselling Service (Vetline) – NSW Only</b>	1800 011 046
Ground Floor, 88 Phillip Street, Parramatta 2124	

## Aged Care and Dementia Services

<b>Aged Care Assessment Team (ACAT)</b> Community Health	8.30 – 4.50 Mon – Fri	02 6776 9600
<b>Aged and Disability Services (Kent House)</b>	9.00 – 4.30 Mon – Fri	02 6770 3804
<b>Aging, Disability and Home Care Services</b>	9.00 – 5.00 Mon – Fri	02 6774 8900
<b>Armidale Care for Seniors Inc. – Kent House</b>	9.00 - 5.00 T W T	02 6772 7078
<b>Carers Support Group</b> 141 Faulkner Street, Armidale 2350 Fax No: 02 6771 3691 <b>Contact Person:</b> Stephanie Watts		02 6770 3826
<b>Commonwealth Respite Carelink Centre</b>	8.30 – 5.00 Mon – Fri	1800 052 222
<b>Disability Advocacy – Tamworth</b> 422 Peel Street, Tamworth, NSW 2340 Fax: 02 6766 4261 <b>Contact Person:</b> Helen Sutherland		02 6766 4588
<b>Disability and Aged Information Services (DAISI)</b>	8.30 – 4.30 Mon – Fri	02 6622 8002
<b>Disabilities Unit – TAFE</b> (Fridays 8.30 – 4.00)	8.30 – 5.00 Mon – Thurs	02 6773 7700
<b>Home Help of NSW Referral and Assessment Centre</b>	8.30 – 4.00 Mon – Fri	1300 881 144
<b>Meals on Wheels</b> 8.30am – 3.00pm	Armidale/Uralla Glen Innes Guyra Inverell Tenterfield	02 6776 4744 02 6730 2436 02 6738 4047 02 6722 1951 02 6736 3366
<b>Parkinson's NSW Inc – Armidale Support Group</b> 9 Ohio Street, Armidale NSW 2350		402 6771 4346
<b>Stroke Recovery – New England</b>		02 6772 3743
<b>Tablelands Community Support Options</b>	9.00 – 5.00 Mon – Fri	02 6778 3006
Fax No: 02 6771 5889 <b>Contact Person:</b> Gail Smith		02 6771 2506
<b>The Accent Group</b>	8.30 – 4.30 Mon – Fri	02 6774 8977

## AIDS and HIV Services

<b>Aids Information Line</b>		1800 451 600
<b>Aboriginal Sexual Health Service – Armidale Health Centre</b>	8.30 – 4.50 Mon – Fri	02 6776 9600
<b>Bligh Street Clinic, Tamworth – Mon /Tues</b> 1.00 – 5.00	9.30 – 5.00 Thurs	02 6766 3095
<b>HIV and AIDS Hotline</b> Sat 10,00 – 6.00	8.00 – 6.30 Mon – Fri	1800 451 600
<b>NSW Sexual Health Info Line</b> (Nursing consultation)	9.00 – 5.30 Mon – Fri	1800 451 624

## Community Services

<b>Armidale Neighbourhood Centre</b> (Closed 1.00 – 2.00)	9.30 – 4.30 Mon – Thurs	02 6772 4373
<b>CentreLink</b>	<a href="http://www.centrelink.gov.au">www.centrelink.gov.au</a>	
<b>Community Transport</b>	Inverell Glen Innes Guyra/Tingha Tenterfield	02 6722 5853 02 6732 4666 02 6738 4047 02 6736 2902
<b>Drought Assistance Hotline</b>	9.30 – 1.30 Mon – Fri	13 23 16
<b>G – Line NSW</b> (Gambling)	<u>24 Hours</u>	1800 633 635
<b>Housing NSW</b> 10.00-2.00 Sat/Sun	4.30 – 11.00 Mon – Fri	1800 152 152
<b>Money Care-</b> Salvation Army Office	9.00 – 5.00 Mon – Fri	02 6771 1632

<b>NSW Credit and Debt Hotline</b> (closed 12.30 – 1.00)	9.00 – 5.00 Mon – Fri	1800 808 488
<b>Rural Financial Counselling Service</b>	9.00 – 5.00 Mon – Fri	02 6778 4784
<b>Tablelands Community Transport</b>	9.00 – 5.00 Mon – Fri	02 6778 4089

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### Drug and Alcohol Services

<b>Alcohol and Drugs Information Services (ADIS)</b>	24 Hours	1800 422 599
<b>Central Intake for Drug and Alcohol</b>	8.00 – 4.30 Mon – Fri	1300 660 059
<b>Drug and Alcohol Rehabilitation – Freeman House</b>	24 Hours	02 6772 4475

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### Family and Children's Services

<b>Aboriginal Mothers and Babies Services</b>	8.30 – 4.50 Mon – Fri	02 6776 9600
<b>Armidale Community Cottage</b> (Advice & Referral)	10.00 – 4.00 Mon – Fri	02 6771 3635
<b>Armidale Community Health</b>	8.30 – 4.50 Mon – Fri	02 6776 9600
<b>Armidale and District Child Sexual Assault Centre</b>	8.00 – 4.00 Mon – Fri	02 6772 9973
<b>Armidale and District Women's Centre</b>	9.00 – 3.00 Mon – Thurs	02 6772 9540
<b>Armidale and District Women's Shelter</b>	24 Hours	02 6772 5352
<b>Armidale Family Support Service</b> (closed Fridays)	9.00 – 4.00 Mon – Thurs	02 6772 7243
<b>Australian Breastfeeding Association Helpline</b>		1800 686 268
<b>Care for Children with Disabilities Inc</b> 87 Rusden Street, Armidale 2350 Fax No: 02 6771 58 Contact Person: Katrina Rolff		02 6771 2506

<b>Catholic Social Services Australia</b>	9.00 – 5.00 Mon – Fri	1300 138 070
<b>Child and Family Health – Early Childhood Unit 0-5yrs</b>	8.30 – 5.00 Mon – Fri	02 6776 9747
<b>Child Protection (DoCS) Helpline</b>	24 Hours	132 111
<b>Compassionate Friends NSW Inc.</b>	10.30 – 3.00	1800 671 621
<b>Dept of Community Services (DOCS)</b>	9.00 – 5.00 Mon – Fri	02 6738 8200
<b>Disability Services – Ascent Group</b> (Friday 8.30 – 3.30)	8.30 – 4.30 Mon – Thurs	02 6774 8977
<b>Domestic Violence Hearing Impaired</b>	24 Hours	1800 671 442(TTY)
<b>Domestic Violence Line</b>	24 Hours	1800 656 463
<b>Early Childhood Intervention Info Line</b>	24 Hours	1300 1300 52
<b>Family Planning NSW FPA Health Line</b>	9.00 – 5.00 Mon – Fri	1300 658 886
<b>Family Support Service – Armidale</b> 3/87 Beardy Street, Armidale 2350 Fax: 02 6772 2295		02 6772 7243
<b>Grief Support</b>	24 Hours	02 9489 6644
<b>Immunisation Infoline - Non-Medical</b>		1800 671 811
<b>Karitane Careline-Info 0-5yrs</b> Fri-Sun 9.00-9.00 24 hours	Mon – Thurs	1300 227 464
<b>Kids Health</b>	9.00 – 4.00 Mon - Fri	02 9845 3585
<b>Kids Help Line</b>	24 Hours	1800 551 800
<b>Kidsnet Helpline</b>	After Hours Service	02 9845 2432
<b>Meningitis Centre</b>		1800 250 223
<b>Multiple Sclerosis Support Group – New England</b>		02 6766 1900

Contact Person: Ruth Jones

**New England Autism Support Group** 02 6772 9346  
Contact: Kate Thomas

**Northern Inland Multiple Births Association**  
Contact Person: Jenny Taggart 02 6766 5692

**Parent Line NSW (0-18 years)** 9.00 – 4.30 Mon – Sat 1300 1300 52

**Tresillian Parents Help Line (0-5yrs)** 24 Hours 1800 637 357

**Victims support Line** 24 Hours 1800 633 063

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## Indigenous Services

**Armidale Community Health Centre** 8.30 – 4.50 Mon – Fri 02 6776 9600

**Aboriginal Corporation for Homeless and Rehabilitation Community** 02 9799 8446  
118 Victoria Street, Ashfield

**Aboriginal Health Education Officer** 8.30 – 4.50 Mon – Fri 02 6776 9600

**Aboriginal Liaison Officer – Armidale Hospital** 9.00 – 5.00 Mon – Fri 02 6776 9670

**Aboriginal Mental Health Services** 8.30 – 4.50 Mon – Fri 02 6776 9600

**Aboriginal Mothers and Babies Services** 8.30 – 4.50 Mon – Fri 02 6776 9600

**Indigenous Women’s Legal Contact Line - All legal issues Mon-Tues-Thurs** 1800 639 784

**Kamilaroi Aboriginal Legal Services** 8.30 – 5.00 Mon – Fri 02 6772 5770

**Narwan Clinic** Fortnightly Tuesday 3-5pm 02 6772 4834  
Cnr Long Swamp Road & Cooks Road, Armidale NSW 2350

**Oorala Aboriginal Centre - University of New England Support and Advisory Centre** 9.00 – 5.00 Mon – Fri 02 6773 3164

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## Legal Services

**Legal Aid Hotline for under 18’s – 24 hrs Fri-Sun** 9.00 – Midnight Sun-Thurs 1800 101 810

**Legal Aid – NSW Tamworth** 9.00 – 5.00 Mon – Fri 02 6766 6322

**North/North –West community Legal Service** 9.00 5.00 Mon – Fri 1800 687 687

**North West Advocacy Service** 9.00 – 5.00 Mon – Fri 02 6766 4588

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## Mental Health

**Anxiety Disorder Support and Information** 1300 794 992

**Association of Relatives and Friends of Mentally Ill (ARFMI)** 1800 655 198

**Banksia Mental Health Unit** Fax No: 02 6766 6690 02 6767 7870  
Tamworth Base Hospital, P.O. Box 83, Tamworth NSW 2350

**Black Dog Institute NSW** 9.00 – 5.00 Mon – Fri 02 9382 4523

**Carers Assist Mental Health** 9.00 – 5.00 Wed – Fri 02 6772 3211

**Carers Australia** 9.00 – 5.00 Mon – Fri 1800 242 636

**CENTRAL INTAKE FOR MENTAL HEALTH** 24 HOURS 1300 669 757

**Clark Centre** Fax No: 02 6776 4770 02 6776 9628  
Armidale Rural Referral Hospital, Rusden Street, Armidale, NSW 2350

**Commonwealth Carer Respite** 24 Hours 1800 059 059

**Commonwealth Rehabilitation Centre** 8.30 – 5.00 Mon – Fri 02 6776 4333

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<b>Disabilities Unit TAFE</b> (Fridays 8.30 – 4.00)	8.30 – 5.00 Mon – Thurs	02 6773 7700
<b>Focussed Psychological Strategies</b> School of Psychology, University of New England, Armidale, NSW 2351 Program Manager – Deborah Dunstan	Fax No: 02 6773 2266	02 6773 4285
<b>JobLink Plus/Personal Support Program</b> (Needs referral)	9.00 – 5.00 Mon – Fri	02 6771 5380
<b>Lifeline (all hours)</b>		Phone: 13 11 14
<b>Mallam House:</b> "Day 2 Day Living" Program	10.00 – 3.30 Mon,W, Thurs	02 6771 1474
<b>Mental Health Information Service</b> Level 5, 80 William Street, East Sydney 2011		Phone: 1800 674 200
<b>Mental Health Rehabilitation Coordinator – ACHC</b>		02 6776 9600
<b>Northern Tablelands Mental Health Team</b> Armidale Community Health Centre, Rusden Street, Armidale, NSW 2350	Fax No: 02 6776 4885	02 6776 9600
<b>Personal Helpers and Mentors</b> (Benevolent Society)	9.00 – 5.00 Mon – Fri	02 6771 4700
<b>Rural Mental Health Support Line</b>	24 Hours 7 days week	1800 201 123
<b>Rural Support Line – Mental Health Crisis Support</b>	24 Hours 7 days a week	1800 201 123
<b>Salvo Care Line – Suicide Prevention Service</b>	24 Hours 7 days a week	1300 363 622
<b>SANE Australia</b>	9.00 – 5.00 Mon – Fri	1800 187 263
<b>Suicide Call Back Service</b>	10.00 – 7.30 7 days a week	1300 659 467
<b>Transcultural Mental Health Centre- Clinical Service</b>	8.30 – 5.00 Mon – Fri	1800 648 911
<b>Yaraandoo Ecolodge</b> Client/Carer Respite Retreat	9.00 – 5.00 Mon – Fri	02 6775 9219

## Men's Services

<b>Armidale Community Health</b>	8.30 – 4.50 Mon – Fri	02 9776 9600
<b>Armidale Family Support Service</b> (Closed Friday)	9.00 – 4.00 Mon – Thurs	02 6772 7243
<b>Dads in Distress</b>	9.00 – 5.00 Mon – Fri 24 Hrs	02 6652 8113 1300 853 437
<b>Housing NSW - Emergency Housing</b>		1800 152 152
<b>Mensline Australia</b>	24 Hours	1300 789 978

## Migrant Services

<b>Anglicare North Coast Migrant Service</b>	9.00 – 5.00 Mon – Fri	02 6651 8764
<b>John Hunter Hospital Switch</b>	24 Hours	02 4921 3000
<b>Multicultural Health and Health Care-Interpreters Service</b>	8.30 – 5.00 Mon – Fri	02 4924 6285
<b>Northern Settlement-New England Area Ltd</b>	9.00 – 5.00 Mon –Fri	02 6771 3975
<b>Rural Interpreter Service</b>	8.30 – 5.00 Mon – Fri	1800 674 994
<b>STARTTS – Services Treatment and Rehabilitation</b> (of Torture and Trauma Services)	8.30 – 5.00 Mon – Fri	02 6650 9195
<b>Telephone Interpreter Service (TIS)</b>	24 Hours	13 14 50
<b>Transcultural Mental Health</b> (Telephone Counselling Service)		1800 648 911
<b>Vavina Amai</b> (Overseas Women's Support Group-Armidale Women's Shelter)		02 6772 5911

## Sexual Assault Services

<b>Armidale Community Health Centre</b>	8.30 – 4.50 Mon – Fri	02 6776 9600
<b>Armidale and District Women’s Shelter</b>	24 Hours 1800 005 352	02 6772 5352
<b>Armidale Hospital Sexual Assault Crisis</b>	24 Hours	02 6776 9500
<b>Child Protection (DoCS)</b>	<b><u>24 Hours</u></b>	132 111
<b>NSW Rape Crisis Centre</b>	24 Hours	1800 424 017

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## Transport Services

<b>Country Care Link</b> (volunteer transport)- Sydney	9.00 – 4.00 Mon – Fri	1800 806 160
<b>Country Link</b>	6.30 – 11.00 Mon – Fri	132 232
<b>Edwards Coaches-</b> – wheelchair access available	9.00 – 5.00 Mon – Fri	02 6772 3116
<b>HNE Health Transport Unit</b> (48 hrs notice is essential)	8.00 – 4.40 Mon – Fri	1800 660 361
<b>Ministry of Transport</b> – Information and referral	9.00 – 5.00 Mon – Fri	02 6773 7015
<b>New England Limousines – Health Transport</b>		1300 635 466
<b>NSW Ambulance</b> – Medical Emergencies	<b><u>24 Hours</u></b>	131 233
<b>Tablelands Community Transport</b>	9.00 – 2.00 Mon – Fri	02 6778 4089

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## Women’s Services

<b>Armidale Court Advocacy Service</b>	9.30 – 1.00 Mon – Thurs	02 6772 4221
<b>Armidale &amp; District Women’s Centre</b>	9.00 – 3.00 Mon – Thurs	02 6772 9540
<b>Armidale Family Support Service</b>	9.00 – 4.00 Mon – Thurs	02 6772 7243
<b>Domestic Violence Advocacy Service</b> Women’s Legal Service NSW		1800 810 784
<b>Women’s Centre</b> – Armidale and District 87 Rusden Street, Armidale 2350	Fax: 02 6772 0596	02 6772 9540
<b>Women’s Health Nursing Service</b> – Community Health	8.30 – 4.50 Mon – Fri	02 6776 9600
<b>Women’s Legal Services NSW</b>		1800 810 784
<b>Women’s Refuge</b> – Inverell P.O. Box 589, Inverell, NSW 2360	Fax: 02 6722 4677	02 6721 0855
<b>Women’s Shelter/Refuge</b> - Armidale Psychologists – Judith Harvey-Nelson	Fax: 6772 1425	02 6772 535

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## Youth Services

<b>Armidale Youth Outreach &amp; Housing Service</b>	9.00 – 4.30 Mon – Fri 0417 225 81602	02 6772 6052
<b>Kids Help Line</b>	24 Hours	1800 551 800
<b>Pathfinders Incorporated</b> (Youth Refuge)	24 Hours	02 6772 6557
<b>Reconnect Program</b> – Early Intervention (EACH)	9.00 – 5.00 Mon – Fri	02 6771 3638
<b>Salvo Youth Line Sydney</b>	24 Hours 1300 36 3622	02 8736 3293
<b>Youth Emergency Accommodation Line</b>	24 Hours	1800 424 830

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## Division Offices

**New England Division of General Practice – Armidale** 02 6771 1146 02 6771 1170

213 Rusden St, P.O. Box 1321, Armidale NSW 2350

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**New England Division of General Practice – Glen Innes** 02 6732 4189 02 6732 4181

188 Bourke Street, P.O. Box 750, Glen Innes NSW 2370

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**New England Division of General Practice – Guyra** 0400 495 448 02 6711 1170

159 Bradley Street, Guyra NSW 2365

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**New England Division of General Practice – Inverell** 02 6721 4117 02 6721 4118

7 Glen Innes Road, Inverell NSW 2360

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**New England Division of General Practice – Tenterfield** 02 6736 5352 02 6736 5353

119 Douglas Street, P.O. Box 630, Tenterfield NSW 2372

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***NEW ENGLAND  
MENTAL HEALTH  
SERVICE  
DIRECTORY  
2011***

# ARMIDALE, GUYRA & URALLA

## Anglicare – Anglican Counselling Service

<b>Service Location:</b>	9am – 5pm Mon – Fri Cnr Rusden & Faulkner Streets, Armidale NSW 2350
<b>Phone No:</b>	02 6772 9753
<b>Client Group:</b>	Adults, Youth & Family
<b>Services Offered:</b>	General Counselling (depression, relationship, anxiety, grief, bereavement), therapeutic groups, financial counselling, responsible gambling
<b>Service Level:</b>	2 tertiary qualified counsellors
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	For some services

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## Armidale Day Respite Dementia Service

<b>Service Location:</b>	By appointment Kent House, 141 Faulkner Street, Armidale NSW 2350
<b>Phone No:</b>	02 6770 3826
<b>Client Group:</b>	Clients with diagnosed Dementia
<b>Services Offered:</b>	Day programs & respite services
<b>Service Level:</b>	General skills
<b>Referral Process:</b>	GP referred & self-referrals
<b>Fee:</b>	Yes

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## Armidale & District Women's Centre

<b>Service Location:</b>	9am – 4pm Mon – Thur 3/87 Beardy Street, Armidale NSW 2350
<b>Phone No:</b>	02 6772 9540
<b>Client Group:</b>	Adult Women and/or Children
<b>Services Offered:</b>	General counselling, child sexual assault counselling, therapeutic groups, advocacy, free legal advice
<b>Service Level:</b>	3 tertiary qualified volunteer counsellors/legal advisors
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **Armidale Family Support Service**

<b>Service Location:</b>	9am – 4pm Mon to Thur 89 Rusden Street, Armidale NSW 2350
<b>Phone No:</b>	02 6772 7243
<b>Client Group:</b>	Families
<b>Services Offered:</b>	Counselling, therapeutic & skills based support groups, supported playgroups
<b>Service Level:</b>	3 tertiary qualified counsellors & 2 general staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **Armidale Neighbourhood Centre**

<b>Service Location:</b>	8.30am – 4.30pm Mon – Thur 129 Rusden Street, Armidale NSW 2350
<b>Phone No:</b>	02 6772 4373
<b>Client Group:</b>	Adults, Youth
<b>Services Offered:</b>	Emergency financial relief, access to computers, assistance with tax returns, general advocacy, drop in service (tea/coffee), needle syringe program
<b>Service Level:</b>	1 co-ordinator – general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **Armidale Women's Shelter**

<b>Service Location:</b>	Office Hours 9am – 5pm Mon – Fri Crisis 24 hours. Undisclosed address
<b>Phone No:</b>	02 6772 5352 / 1800 005 352
<b>Client Group:</b>	Adult Women & their Children
<b>Services Offered:</b>	Counselling, therapeutic groups, advocacy, emergency accommodation
<b>Service Level:</b>	Approx 12 FTE tertiary or equivalent qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## Armidale Youth Refuge

<b>Service Location:</b>	9am – 5pm Mon – Fri Crisis 24 hours. 174A Allingham Street, Armidale NSW 2350
<b>Phone No:</b>	02 6772 6557
<b>Client Group:</b>	Youth
<b>Services Offered:</b>	Emergency support, therapeutic groups, advocacy, accommodation, supported living Programs, case management
<b>Service Level:</b>	Approx 11 FTE tertiary or equivalent qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## Belvedere Mental Health & Therapy Resource

<b>Service Location:</b>	By Appointment – 151 Kirkwood Street, Armidale NSW 2350
<b>Phone No:</b>	02 6772 6283
<b>Client Group:</b>	Adults
<b>Services Offered:</b>	Support, therapeutic groups, advocacy, supported living programs, case management
<b>Service Level:</b>	General skills & tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## Benevolent Society – Brighter Futures

<b>Service Location:</b>	9am – 5pm Mon – Fri Level 1/215 Beardy Street, Armidale NSW 2350
<b>Phone No:</b>	02 6771 4700
<b>Client Group:</b>	Families
<b>Services Offered:</b>	Parenting/living skills & support
<b>Service Level:</b>	4 tertiary qualified staff
<b>Referral Process:</b>	Contact Service to arrange intake or complete referral forms with client's permission
<b>Fee:</b>	No

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## **Benevolent Society – Personal Helpers & Mentors Program (PHaMP)**

<b>Service Location:</b>	9am – 5pm Mon – Fri Level 1/215 Beardy Street, Armidale NSW 2350
<b>Phone No:</b>	02 6772 1455
<b>Client Group:</b>	Adults with a diagnosed mental illness
<b>Services Offered:</b>	Mentor support for people living with mental illness. Day to day living skills
<b>Service Level:</b>	3 tertiary qualified staff, 3 mentors with personal experience of living with mental illness
<b>Referral Process:</b>	Contact Service to arrange intake or complete referral forms with client's permission
<b>Fee:</b>	<b>No</b>

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## **Care for Children with a Disability**

<b>Service Location:</b>	9am – 4pm Tue - Thur (hours may change)
<b>Phone No:</b>	02 6771 2506
<b>Client Group:</b>	Children (0 – 18) diagnosed with a disability
<b>Services Offered:</b>	Respite, referral & information
<b>Service Level:</b>	Carers go to the family home (35 carers approximately for family to choose from)
<b>Referral Process:</b>	Paediatrician, or if family qualify for child disability allowance, or class for child with disability
<b>Fee:</b>	Membership fee \$3.00

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## **Carer's Assist**

<b>Service Location:</b>	9am – 5pm Wed – Fri
<b>Phone No:</b>	02 6772 3211
<b>Client Group:</b>	Support service for carers of people with a diagnosed mental illness
<b>Services Offered:</b>	Information, support groups & general support
<b>Service Level:</b>	1 staff member with general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **Centacare**

<b>Service Location:</b>	9am – 5pm Mon – Fri Suite 3,150 Rusden Street, Armidale NSW 2350
<b>Phone No:</b>	02 6738 7200
<b>Client Group:</b>	Adults, Youth & Couples/Families
<b>Services Offered:</b>	General counselling, therapeutic & skills groups, financial counselling, responsible gambling, psychological assessment
<b>Service Level:</b>	3 tertiary qualified staff & 2 general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	Yes / Medicare rebate

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## **EACH**

<b>Service Location:</b>	9am – 5pm Mon – Fri 220 Rusden Street, Armidale NSW 2350
<b>Phone No:</b>	02 6771 3638
<b>Client Group:</b>	Youth & their families
<b>Services Offered:</b>	General support/mediation, referrals & case management, mentoring
<b>Service Level:</b>	5 tertiary qualified & general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **Family Relationship Centre**

<b>Service Location:</b>	Suite 2/150 Rusden Street, Armidale NSW 2350
<b>Phone No:</b>	02 6738 7200
<b>Client Group:</b>	Parents
<b>Services Offered:</b>	Counselling, therapeutic & skills based support groups, information & referrals, family mediation
<b>Service Level:</b>	2 part-time employees with tertiary qualified 1FTE general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **Freeman House**

<b>Service Location:</b>	9am – 5pm Mon – Fri Crisis 24 hours – 1 Crescent Street, Armidale NSW 2350
<b>Phone No:</b>	02 6772 4475
<b>Client Group:</b>	Adult
<b>Services Offered:</b>	AOD Counselling & emergency accommodation
<b>Service Level:</b>	10 Tertiary qualified staff
<b>Referral Process:</b>	GP referred & self-referrals
<b>Fee:</b>	No

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## **Hunter New England Area Health Service – Community Health**

<b>Service Location:</b>	8.30am – 5pm Mon – Fri (for general services & 24 hr emergency contact) Community Health Centre Cnr Rusden & Butler Sts, Armidale NSW 2350
<b>Phone No:</b>	Mental Health Intake - 02 6776 9600 or 1300 669 757 AOD Intake 1300 660 059
<b>Client Group:</b>	Adult, Youth & Children
<b>Services Offered:</b>	Counselling, therapeutic groups, AOD counselling, Mental Health assessment case management
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Phone Central Intake
<b>Fee:</b>	No

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## Joblink Plus

<b>Service Location:</b>	8.30am – 5pm Mon – Fri 118 Rusden Street, Armidale NSW 2350
<b>Phone No:</b>	02 6738 7800
<b>Client Group:</b>	Adults & Youth
<b>Services Offered:</b>	Job seeking assistance, case management, counselling
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Referral <b>only</b> through Centrelink
<b>Fee:</b>	No

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## Kent House

<b>Service Location:</b>	9.30am – 5pm Mon – Fri 141 Faulkner Street, Armidale NSW 2350
<b>Phone No:</b>	02 6770 3832
<b>Client Group:</b>	Adult/Elderly & people living with a disability. Dementia respite service
<b>Services Offered:</b>	Therapeutic & social groups
<b>Service Level:</b>	General skills
<b>Referral Process:</b>	Self referral
<b>Fee:</b>	Some

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## New England Rural Financial Counselling Service

<b>Service Location:</b>	By appointment 'Chiswick', Via Armidale NSW 2350
<b>Phone No:</b>	02 6778 4784
<b>Client Group:</b>	Farming families
<b>Services Offered:</b>	Rural finance counselling, financial case management, referrals & information
<b>Service Level:</b>	1 tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## PRA – Mental Health Recovery

<b>Service Location:</b>	8.30am- 4.30pm Mon- Fri (Day program 10am – 3pm Mon, Tue, Thur) 94 Rusden Street, Armidale NSW 2350
<b>Phone No:</b>	1300 779 270
<b>Client Group:</b>	Adults diagnosed with a mental illness 16-65
<b>Services Offered:</b>	case management for day to day livings skills, structured activities program, assistance with gaining mainstream study, work, recreational and social activities
<b>Service Level:</b>	6 tertiary qualified & general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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# INVERELL & BUNDARRA

## Anglicare – Anglican Counselling Service

<b>Service Location:</b>	9am – 5pm Mon – Thur 55 Henderson Street, Inverell NSW 2360
<b>Phone No:</b>	02 6722 2766
<b>Client Group:</b>	Adults, Youth & Family
<b>Services Offered:</b>	General Counselling (depression, relationship, anxiety, grief, bereavement), therapeutic groups, financial counselling
<b>Service Level:</b>	Tertiary qualified counsellors
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	Yes

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## Armajun Medical Service

<b>Service Location:</b>	8.30am – 1.00pm Mon – Thur 1 River Street, Inverell NSW 2360
<b>Phone No:</b>	02 6721 9777
<b>Client Group:</b>	Aboriginal & Torres Strait Islander People & their families
<b>Services Offered:</b>	Medical services
<b>Service Level:</b>	Tertiary qualified health practitioners & general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	Bulk Billed

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## Benevolent Society – Brighter Futures

<b>Service Location:</b>	9am – 5pm Mon – Fri 63 – 65 Vivian Street, Inverell NSW 2360
<b>Phone No:</b>	02 6722 2966
<b>Client Group:</b>	Families
<b>Services Offered:</b>	Parenting/living skills & support
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Contact Service to arrange intake or complete referral forms with client's permission
<b>Fee:</b>	No

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## **Benevolent Society – Personal Helpers & Mentors Program (PHaMP)**

<b>Service Location:</b>	9am – 5pm Mon – Fri 63 – 65 Vivian Street, Inverell NSW 2360
<b>Phone No:</b>	02 6722 2966
<b>Client Group:</b>	Adults with a diagnosed mental illness
<b>Services Offered:</b>	Mentor support for people living with mental illness. Day to day living skills
<b>Service Level:</b>	3 tertiary qualified staff, 3 mentors with personal experience of living with mental illness
<b>Referral Process:</b>	Contact Service to arrange intake or complete referral forms with client's permission
<b>Fee:</b>	No

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## **Centacare NENW**

<b>Service Location:</b>	Outreach from Armidale
<b>Phone No:</b>	02 6771 3399
<b>Client Group:</b>	Adults, Youth & Couples/Families
<b>Services Offered:</b>	Family Mediation
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	Yes

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## **EACH**

<b>Service Location:</b>	9am – 5pm Mon – Fri 306 Grey Street, Glen Innes NSW 2370 (outreach from Glen Innes)
<b>Phone No:</b>	02 6732 4354
<b>Client Group:</b>	Youth & their families
<b>Services Offered:</b>	General support/mediation, referrals & case management, mentoring for youth at risk of leaving school early or at risk of homelessness
<b>Service Level:</b>	Tertiary qualified & general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## Family Relationship Centre

<b>Service Location:</b>	Outreach from Armidale
<b>Phone No:</b>	1800 372 826 or 02 6738 7200
<b>Client Group:</b>	Parents and youth
<b>Services Offered:</b>	Counselling, therapeutic & skills based support groups, information & referrals
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	Yes/No

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## Hunter New England Area Health Service – Community Health

<b>Service Location:</b>	8.30am – 5pm Mon – Fri (for general services & 24 hr emergency contact) Community Health Centre Cnr Rusden & Butler Sts, Armidale NSW 2350
<b>Phone No:</b>	Mental Health Intake - 02 6776 9600 (business hours) or 1300 669 757 AOD Intake 1300 660 059
<b>Client Group:</b>	Adult, Youth & Children
<b>Services Offered:</b>	Counselling, therapeutic groups, AOD counselling, Mental Health assessment case management
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Phone Central Intake
<b>Fee:</b>	No

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## Inverell Family & Youth Support Service

<b>Service Location:</b>	9am – 4pm Mon – Fri 92 Otho Street, Inverell NSW 2360
<b>Phone No:</b>	02 6722 4351
<b>Client Group:</b>	Adults, Youth & Family
<b>Services Offered:</b>	Counselling, therapeutic & skills based support groups, supported playgroups
<b>Service Level:</b>	Tertiary qualified & general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## Joblink Plus

<b>Service Location:</b>	9am – 5pm Mon – Fri 186 Byron Street, Inverell NSW 2360
<b>Phone No:</b>	02 6721 6200
<b>Client Group:</b>	Adults & Youth
<b>Services Offered:</b>	Job seeking assistance, case management, counselling
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Referral <b>only</b> through Centrelink
<b>Fee:</b>	No

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## **New England Rural Financial Counselling Service**

**Service Location:** By appointment 2/132 Otho Street, Inverell NSW 2360

**Phone No:** 02 6721 0030

**Client Group:** Farming families

**Services Offered:** Rural finance counselling, financial case management, referrals & information

**Service Level:** Tertiary qualified & general skills

**Referral Process:** Self referral or GP referral. Contact service directly to arrange appointment for intake

**Fee:** No

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## **TIGYS Youth Services**

**Service Location:** 9am – 5pm Mon - Fri  
31 Vivian Street, Inverell NSW 2360

**Phone No:** 02 6722 5512

**Client Group:** Youth & their families

**Services Offered:** Emergency support, therapeutic groups, advocacy, supported living programs, case management

**Service Level:** Tertiary qualified & general skills

**Referral Process:** Self referral or GP referral. Contact service directly to arrange appointment for intake

**Fee:** No

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# GLEN INNES & EMMAVILLE

## Anglicare – Anglican Counselling Service

<b>Service Location:</b>	9am – 5pm Mon – Fri 172 Bourke Street, Glen Innes NSW 2370
<b>Phone No:</b>	02 6732 4557
<b>Client Group:</b>	Adults, Youth & Family
<b>Services Offered:</b>	General Counselling (depression, relationship, anxiety, grief, bereavement), therapeutic groups, financial counselling
<b>Service Level:</b>	Tertiary qualified counsellors
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	Yes

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## Centacare NENW

<b>Service Location:</b>	Outreach from Armidale
<b>Phone No:</b>	02 6738 7200
<b>Client Group:</b>	Adults, Youth & Families
<b>Services Offered:</b>	Family Mediation
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	Yes

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## Family Relationship Centre

<b>Service Location:</b>	8.30am – 5pm Mon – Fri Suite 2/150 Rusden Street, Armidale NSW 2350
<b>Phone No:</b>	02 6738 7200
<b>Client Group:</b>	Parents
<b>Services Offered:</b>	Counselling, therapeutic & skills based support groups, information & referrals family mediation
<b>Service Level:</b>	2 part time employees with tertiary qualified 1 FTE general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **EACH**

<b>Service Location:</b>	9am – 5pm Mon – Fri 306 Grey Street, Glen Innes NSW 2370
<b>Phone No:</b>	02 6732 7021 / 0419 643 347
<b>Client Group:</b>	Aboriginal People & Torres Straight Islander and their families
<b>Services Offered:</b>	Drop in support service, transport to & from appointments, information about community services, referrals
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Drop in, self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **Glen Innes Family & Youth Support Service**

<b>Service Location:</b>	9am – 4pm Mon – Thur 2/168 Church Street, Glen Innes NSW 2370
<b>Phone No:</b>	02 6732 3073
<b>Client Group:</b>	Adult with dependent children & youth
<b>Services Offered:</b>	Therapeutic groups, referrals, general support, skills development
<b>Service Level:</b>	General skills/some tertiary qualified staff (but not essential to role)
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## **Hunter New England Area Health Service – Community Health**

<b>Service Location:</b>	8.30am – 5pm Mon – Fri (for general services & 24 hr emergency contact)
<b>Phone No:</b>	Mental Health Intake (business hours) or 1300 669 757 AOD Intake 1300 660 059
<b>Client Group:</b>	Adult, Youth & Children
<b>Services Offered:</b>	Counselling, therapeutic groups, AOD counselling, Mental Health assessment case management
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Phone Central Intake
<b>Fee:</b>	No

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## Joblink Plus

<b>Service Location:</b>	8.30am – 5pm Mon – Fri 271 Grey Street, Glen Innes NSW 2370
<b>Phone No:</b>	02 6732 2455
<b>Client Group:</b>	Adults & Youth
<b>Services Offered:</b>	Job seeking assistance, case management, counselling
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Referral <b>only</b> through Centrelink
<b>Fee:</b>	No

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## PRA – Day to Day Living Programs

<b>Service Location:</b>	Outreach from Armidale
<b>Phone No:</b>	1300 779 270
<b>Client Group:</b>	Adults diagnosed with a mental illness
<b>Services Offered:</b>	Case management, therapeutic & skill development groups, case management
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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## TIGYS Youth Services

<b>Service Location:</b>	8.30am – 4pm or by appointment 308 Grey Street, Glen Innes NSW 2370
<b>Phone No:</b>	02 6732 1177
<b>Client Group:</b>	Youth & their families
<b>Services Offered:</b>	Therapeutic groups, referral, general support, skills development
<b>Service Level:</b>	General & tertiary skills
<b>Referral Process:</b>	Drop in, self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

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# TENTERFIELD & TABULUM

## **Benevolent Society – Brighter Futures**

<b>Service Location:</b>	9am – 5pm Mon – Fri 119 Douglas Street, Tenterfield NSW 2372
<b>Phone No:</b>	02 6736 4873
<b>Client Group:</b>	Families
<b>Services Offered:</b>	Parenting/living skills & support
<b>Service Level:</b>	2 tertiary qualified staff
<b>Referral Process:</b>	Contact service to arrange intake or complete referral forms with client's permission
<b>Fee:</b>	No

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## **EACH**

<b>Service Location:</b>	9am – 4pm Mon – Fri 91 High Street, Tenterfield NSW 2372
<b>Phone No:</b>	02 6736 2619
<b>Client Group:</b>	Youth & their families
<b>Services Offered:</b>	General support/mediation, referrals & case management, mentoring
<b>Service Level:</b>	2 tertiary qualified and general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake for intake
<b>Fee:</b>	No

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## **Family Relationship Centre**

<b>Service Location:</b>	Outreach from Armidale
<b>Phone No:</b>	02 6738 7200
<b>Client Group:</b>	Parents
<b>Services Offered:</b>	Counselling, therapeutic & skills based support groups, information & referrals, family mediation
<b>Service Level:</b>	2 part time employees with tertiary qualified 1 FTE general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake
<b>Fee:</b>	No

## Hunter New England Area Health Service – Community Health

<b>Service Location:</b>	8.30am – 5pm Mon – Fri (for general services & 24 hr emergency contact) Community Health Centre Cnr Rusden & Butler Sts, Armidale NSW 2350
<b>Phone No:</b>	Mental Health Intake 02 6776 9600 (business hours) or 1300 669 757 AOD Intake 1300 660 059
<b>Client Group:</b>	Adult, Youth & Children
<b>Services Offered:</b>	Counselling, therapeutic groups, AOD counselling, Mental Health assessment case management
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Self referral or GP referral. Phone Central Intake
<b>Fee:</b>	No

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### Joblink Plus

<b>Service Location:</b>	9am – 5pm Mon – Fri 122 High Street, Tenterfield NSW 2372
<b>Phone No:</b>	02 6736 2511
<b>Client Group:</b>	Adults & Youth
<b>Services Offered:</b>	Job seeking assistance, case management, counselling
<b>Service Level:</b>	Tertiary qualified staff
<b>Referral Process:</b>	Referral <b>only</b> through Centrelink
<b>Fee:</b>	No

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### Tenterfield Family & Youth Support Services

<b>Service Location:</b>	9am – 5pm Mon – Fri 91 High Street, Tenterfield NSW 2372
<b>Phone No:</b>	02 6736 2619
<b>Client Group:</b>	Parents & Youth
<b>Services Offered:</b>	Counselling, therapeutic & skills based support groups, supported playgroups
<b>Service Level:</b>	Tertiary qualified and general skills
<b>Referral Process:</b>	Self referral or GP referral. Contact service directly to arrange appointment for intake for intake
<b>Fee:</b>	No

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# TELEPHONE CRISIS & NATIONAL SUPPORT SERVICES

(this is not a complete list of all services available)

## Emergency Support & Suicide Prevention

**Service Name & Type:** Lifeline

**Service Description:** Telephone counselling & support

**Contact:** 131 114

**Operating Hours:** 24 hours

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**Service Name & Type:** Men's Line

**Service Description:** Information, referral & crisis telephone counselling & support for all men

**Contact:** 1300 789 978

**Operating Hours:** 24 hours

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**Service Name & Type:** Rural Mental Health Support Line

**Service Description:** Telephone information, referral & support including crisis

**Contact:** 1800 201 123

**Operating Hours:** 24 hours

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**Service Name & Type:** Salvo Careline

**Service Description:** Telephone counselling & support – Suicide Prevention Service

**Contact:** 1300 363 622

**Operating Hours:** 24 hours

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**Service Name & Type:** Transcultural Mental Health Service

**Service Description:** Telephone counselling & support

**Contact:** 1800 648 911

**Operating Hours:** 24 hours

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## General Services

**Service Name & Type:** Alcohol & Drug Information Services (ADIS)

**Service Description:** Advice, information & referral – data base of services in NSW (AA, Al Anon, NA and CODA), Telephone counselling and support

**Contact:** 1800 422 599

**Operating Hours:** 24 hours

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**Service Name & Type:** Anxiety Support & Information Line

**Service Description:** Telephone counselling & support

**Contact:** 1300 794 992

**Operating Hours:** 9.30am – 5pm Mon, Tue & Thur  
12.30pm – 5pm Wed

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**Service Name & Type:** Association of Relatives & Friends of the Mentally Ill (volunteers)

**Service Description:** Telephone information & support

**Contact:** 1300 794 992

**Operating Hours:** 9.30am – 3.30pm Mon - Fri

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**Service Name & Type:** Black Dog Institute NSW

**Service Description:** Telephone information, referral & support.- Community Resource Centre

**Contact:** 02 9382 4523

**Operating Hours:** 9am – 5pm Mon - Fri

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**Service Name & Type:** Commonwealth Carer Respite Service

**Service Description:** Respite services & information

**Contact:** 1800 059 059

**Operating Hours:** 24 hours

---

**Service Name & Type:** Compassionate Friends

**Service Description:** Telephone counselling & support

**Contact:** 1800 671 621

**Operating Hours:** 10.30am – 3pm Mon - Fri

---

**Service Name & Type:** Domestic Violence Line

**Service Description:** Telephone counselling & support

**Contact:** 1800 656 463

**Operating Hours:** 24 hours

---

**Service Name & Type:** Early Childhood Helpline

**Service Description:** Telephone counselling & support

**Contact:** 1300 656 865

**Operating Hours:** 9am – 5pm Mon - Fri

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**Service Name & Type:** Family Planning Australia

**Service Description:** Telephone counselling & support

**Contact:** 1300 658 886

**Operating Hours:** 9am – 5pm Mon - Fri

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**Service Name & Type:** G – Line Responsible Gambling Service

**Service Description:** Telephone information, referral & support for people with gambling addiction & their families

**Contact:** 1800 633 635

**Operating Hours:** 24 hours

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**Service Name & Type:** Gay & Lesbian Counselling Service

**Service Description:** Telephone counselling & support

**Contact:** 1800 184 527

**Operating Hours:** 5.30pm – 10.30pm Mon - Sat

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**Service Name & Type:** Grief Support

**Service Description:** Telephone counselling & support

**Contact:** 02 9489 6644

**Operating Hours:** 24 hours

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**Service Name & Type:** HIV & AIDS Support & Information Service

**Service Description:** Telephone counselling & support

**Contact:** 1800 451 600

**Operating Hours:** 8.30am – 6.30pm Mon – Fri  
10am – 6pm Sat

---

**Service Name & Type:** Karitane Info Careline Service

**Service Description:** Telephone counselling, information & support for parents with children aged 0 - 5

**Contact:** 1300 227 464

**Operating Hours:** 24 hours Mon – Thurs  
1pm – 11pm Fri - Sun

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**Service Name & Type:** Kid's Helpline

**Service Description:** Telephone counselling & support for children & young people (0 – 18)

**Contact:** 1800 551 800

**Operating Hours:** 24 hours

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**Service Name & Type:** Kidsnet

**Service Description:** After hours advice for parents with physically ill children

**Contact:** 02 9845 2432 if unattended goes to 1800 022 222

**Operating Hours:** 24 hours

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**Service Name & Type:** NSW Rape Crisis Service

**Service Description:** Information, referral & crisis telephone counselling & support for all men

**Contact:** 1800 424 017

**Operating Hours:** 24 hours

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**Service Name & Type:** Parent's Line

**Service Description:** Telephone counselling & support for all parents

**Contact:** 13 20 55

**Operating Hours:** 9am – 4.30 pm Mon - Sat

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**Service Name & Type:** SANE Australia

**Service Description:** Mental Health telephone information, referral & support

**Contact:** 1800 187 263

**Operating Hours:** 9am – 5pm Mon - Fri

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**Service Name & Type:** Suicide Call Back Service

**Service Description:** Callback service for people at risk of suicide

**Contact:** 1300 659 467

**Operating Hours:** 10am – 7.30pm 7 days per week

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**Service Name & Type:** Tresillian Parents' Helpline

**Service Description:** Telephone counselling, information & support children 0-5 years

**Contact:** 1800 637 357

**Operating Hours:** 24 hours

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**Service Name & Type:** Victims Support Line

**Service Description:** Telephone counselling, information & support

**Contact:** 1800 633 063

**Operating Hours:** 24 hours

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# PRIVATE PSYCHOLOGISTS

## ARMIDALE

**Name:** Amanda Akers  
**Address:** 277 Rusden Street, Armidale NSW 2350  
**Phone No:** 02 6772 9158  
**Medicare Number:** Yes

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**Name:** Warren Bartik  
**Address:** Armidale Business Centre, Cinders Lane, Armidale NSW 2350  
**Phone No:** 02 6776 6220  
**Medicare Number:** Yes

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**Name:** Jane Clark  
**Address:** 218 Rusden Street, Armidale NSW 2350  
**Phone No:** 02 6772 3366  
**Medicare Number:** Yes

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**Name:** Caroline Croft  
**Address:** Armidale Business Centre, Cinders Lane, Armidale NSW 2350  
**Phone No:** 02 6776 6213  
**Medicare Number:** Yes

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**Name:** Rob Hadfield  
**Address:** 218 Rusden Street, Armidale NSW 2350  
**Phone No:** 02 6772 3366  
**Medicare Number:** Yes

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**Name:** Judith Harvey - Nelson  
**Address:** P O Box 4188, Armidale NSW 2350  
**Phone No:** 0412 250 559  
**Medicare Number:** Yes

**Name:** Mary Kaspar  
**Address:** Armidale Business Centre, Cinders Lane, Armidale NSW 2350  
**Phone No:** 02 6776 6220  
**Medicare Number:** Yes

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**Name:** Kym Kilpatrick  
**Address:** 94 Beardy Street, Armidale NSW 2350  
**Phone No:** 02 6772 7888 / 02 6772 7666  
**Medicare Number:** Yes

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**Name:** Stephan Knoerles  
**Address:** 18 Rockvale Road, Armidale NSW 2350  
**Phone No:** 02 6771 3171  
**Medicare Number:** Yes

---

**Name:** Janette Mills  
**Address:** 94 Beardy Street, Armidale NSW 2350  
**Phone No:** 02 6772 5558  
**Medicare Number:** Yes

---

**Name:** Susan O'Loughlin  
**Address:** 131 Butler Street, Armidale NSW 2350  
**Phone No:** 0408 963 385  
**Medicare Number:** Yes

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**Name:** Francis Sibraa  
**Address:** 9 Crescent Street, Armidale NSW 2350  
**Phone No:** 02 6772 6662  
**Medicare Number:** Yes

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**Name:** Mary Temple  
**Address:** Armidale Business Centre, Cinders Lane, Armidale NSW 2350  
**Phone No:** 02 6772 9686  
**Medicare Number:** Yes

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**Name:** Suzie Tooth  
**Address:** Armidale Business Centre, Cinders Lane, Armidale NSW 2350  
**Phone No:** 02 6776 6208  
**Medicare Number:** Yes

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**Name:** UNE Psychology Clinic  
**Address:** UNE, Armidale NSW 2350  
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**Medicare Number:** Free

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**Name:** Barbara Visser  
**Address:** Armidale Business Centre, Cinders Lane, Armidale NSW 2350  
**Phone No:** 02 6776 6217  
**Medicare Number:** Yes

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**Name:** Ann Maree Wilson  
**Address:** 218 Rusden Street, Armidale NSW 2350  
**Phone No:** 02 6772 3366  
**Medicare Number:** Yes

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## **INVERELL**

**Name:** Elizabeth Lloyd  
**Address:** 7 Glen Innes Road, Inverell NSW 2360  
**Phone No:** 02 6721 2555  
**Medicare Number:** Yes

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## **TENTERFIELD**

**Name:** Richard Goddard  
**Address:** 167 Rouse Street, Tenterfield NSW 2372  
**Phone No:** 02 6736 2155  
**Medicare Number:** Yes

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## **URALLA**

**Name:** Robert Parkhurst  
**Address:** 26 Bridge Street, Uralla NSW 2358  
**Phone No:** 02 6778 3633  
**Medicare Number:** Yes

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