



New England Division of General Practice Focused Psychological Strategies Referral Form Tenterfield

This service is free for patients referred by their GP, and should include a GP Mental Health Care Plan – faxed to the Division before commencement of the first 6 sessions. A 2nd referral is to be faxed to the Division before commencement of any additional sessions.

CLIENT DETAILS

Name _____ DOB _____ M / F

Address _____ Postcode _____

Phone (h) _____ (w) _____ (mob) _____

Parent / Guardian Names (if client is under 18 years of age) _____

Pension/Health Care Card Yes / No Aboriginal/Torres Strait Islander Yes / No

REFERRING GP _____ Date __/__/__

Address _____ Postcode _____

Phone _____

Patient has been informed that the information contained in this referral will be sent to the NEDGP for allocation to a Psychologist

ICD-10 PRIMARY CARE DIAGNOSIS CATEGORIES

- | | |
|--|---|
| <input type="checkbox"/> F1 Alcohol & Drug use disorders | <input type="checkbox"/> F5 Unexplained somatic disorders |
| <input type="checkbox"/> F2 Psychotic disorders | <input type="checkbox"/> Other |
| <input type="checkbox"/> F3 Depression | <input type="checkbox"/> Unknown |
| <input type="checkbox"/> F4 Anxiety Disorders | <input type="checkbox"/> Perinatal Depression |

SERVICE REQUIRED

FPS – initial six sessions Additional six sessions - _____ (psychologist)

Has the client ever accessed services through the Better Outcomes in Mental Health Care Program previously?

Yes / No Year _____ Psychologist _____

Suicidal thoughts	Yes <input type="checkbox"/> No <input type="checkbox"/>	Suicidal intent	Yes <input type="checkbox"/> No <input type="checkbox"/>
Current plan	Yes <input type="checkbox"/> No <input type="checkbox"/>	Risk to Others	Yes <input type="checkbox"/> No <input type="checkbox"/>

CURRENT MEDICATIONS

- Benzodiazepines & anxiolytics
- Phenothiazines & major tranquillisers
- Antidepressants
- Mood stabilizers

**FOR APPOINTMENTS PLEASE
PHONE 67362155 AND ASK FOR AN APPOINTMENT WITH
DR. RICHARD GODDARD**