

## Paediatric Symptom Checklist (PSC)

Emotional and physical health go together in children. Because parents are often the first to notice a problem with their child's behavior, emotions or learning, you may help your child get the best care possible by answering these questions. Please indicate which statement best describes your child.

**Please mark under the heading that best describes your child:**

		NEVER	SOMETIMES	OFTEN
1. Complains of aches and pains.....	1	_____	_____	_____
2. Spends more time alone.....	2	_____	_____	_____
3. Tires easily, has little energy.....	3	_____	_____	_____
4. Fidgety, unable to sit still.....	4	_____	_____	_____
5. Has trouble with teacher.....	5	_____	_____	_____
6. Less interested in school.....	6	_____	_____	_____
7. Acts as if driven by a motor.....	7	_____	_____	_____
8. Daydreams too much.....	8	_____	_____	_____
9. Distracted easily.....	9	_____	_____	_____
10. Is afraid of new situations.....	10	_____	_____	_____
11. Feels sad, unhappy.....	11	_____	_____	_____
12. Is irritable, angry.....	12	_____	_____	_____
13. Feels hopeless.....	13	_____	_____	_____
14. Has trouble concentrating.....	14	_____	_____	_____
15. Less interested in friends.....	15	_____	_____	_____
16. Fights with other children.....	16	_____	_____	_____
17. Absent from school.....	17	_____	_____	_____
18. School grades dropping.....	18	_____	_____	_____
19. Is down on him or herself.....	19	_____	_____	_____
20. Visits the doctor with doctor finding nothing wrong.....	20	_____	_____	_____
21. Has trouble sleeping.....	21	_____	_____	_____
22. Worries a lot.....	22	_____	_____	_____
23. Wants to be with you more than before.....	23	_____	_____	_____
24. Feels he or she is bad.....	24	_____	_____	_____
25. Takes unnecessary risks.....	25	_____	_____	_____
26. Gets hurt frequently.....	26	_____	_____	_____
27. Seems to be having less fun.....	27	_____	_____	_____
28. Acts younger than children his or her age.....	28	_____	_____	_____
29. Does not listen to rules.....	29	_____	_____	_____
30. Does not show feelings.....	30	_____	_____	_____
31. Does not understand other people's feelings.....	31	_____	_____	_____
32. Teases others.....	32	_____	_____	_____
33. Blames others for his or her troubles.....	33	_____	_____	_____
34. Takes things that do not belong to him or her.....	34	_____	_____	_____
35. Refuses to share.....	35	_____	_____	_____

Total score \_\_\_\_\_

Does your child have any emotional or behavioral problems for which she/he needs help? ( ) N ( ) Y  
 Are there any services that you would like your child to receive for these problems? ( ) N ( ) Y

If yes, what services? \_\_\_\_\_